YOGURT ASST STRAWBERRY/RASPBERY/BLUEBERRY LIGHT & FIT NON FAT

YOGURT L&F STRW/RSP/BLBRY NF 468

Nutrition facts

Serving Size: 113 GR

Servings Per Case: 48

Amount Per Serving

Calories: 50 — Calories from Fat: 0

	Per Serving	% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	4.9 mg	1%
Sodium	50 mg	2%
Total Carbohydrate	9 g	3%
Dietary Fiber	0 g	0%
Sugars	7 g	
Protein	3 g	

	Per Srv		Per Srv
Vitamin A	10%	Vitamin C	0%
Calcium	10%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	SCC	Units/Case	Unit Size/Measure	Servings/case
468	20036632004684	48	4 OZ	48

Brand	IFDA Category	IFDA Class
LIGHT & FIT	Dairy Products	Yogurt

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.289 LB	12 LB	US	Yes	No

Shipping Information					
Length	Width	Height	TI x HI	Shelf Life	Storage Temp From/To
15.25 IN	10.375 IN	5.688 IN	12 x 11	25 Days	38 ºF / 45 ºF

Ingredients:

STRAWBERRY NATURALLY AND ARTIFICALLY FLAVORED INGREDIENTS: NONFAT YOGURT [CULTURED GRADE A NON FAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], WATER, STRAWBERRIES, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), SODIUM CITRATE, ACESULFAME POTASSIUM, SUCRALOSE, RED 40. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L. ACIDOPHILUS. RIBOFLAVIN 10%, SUGAR 6 G, VITAMIN A 8%. BLUEBERRY: NONFAT YOGURT (CULTURED GRADE A NON FAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3), WATER, BLUEBERRY PUREE, CONTAINS LESS THAN 1% MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, RED 40, BLUE 1, MALIC ACID, SODIUM CITRATE, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), ACESULFAME POTASSIUM, SUCRALOSE, CONTAINS ACTIVE YOGURT CULTURES INCLUDING L.ACIDOPHILUS. RIBOFLAVIN 15%, SUGAR 6 G, VITAMIN A 10%. RASPBERRY: NONFAT YOGURT (CULTURED GRADE A NON FAT MILK, WATER, FRUCTOSE, MODIFIED FOOD STARCH, CONTAINS LESS THAN 1% OF RASPBERRY PUREE, MODIFIED CORN STARCH, KOSHER GELATIN, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, MALIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), ACESULFAME POTASSIUM, VITAMIN A PALMITATE, RED 40, SODIUM CITRATE, BLUE 1, VITAMIN D3, CONTAINS ACTIVE YOGURT CULTURES INCLUDING L. ACIDOPHILUS. RIBOFLAVIN 15%, SUGAR 7 G, VITAMIN A 10%.

Handling Suggestions:

This product can be consumed on it's own, or as a part of a healthy meal or snack

This product is a 4 oz. individual plastic cup with a foil lid. It is packaged in multi-pack configuration of 4 each 12 packs that are each banded together. The cups snap apart. It must be stored in refrigeration. Product should be stored in an upright position.

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

Benefits:

Dannon® Light & Fit® is a great choice for customers who want to manage their weight and feel great.

Carolyn Gooch

Digitally signed by Carolyn Gooch
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Date: 2014.06.13 08:47:15 -04'00'