

ALBIE'S FOODS, INC.
NUTRITIONAL PANEL & INGREDIENT LIST

WHOLE GRAIN SOYBUTTER & GRAPE JELLY
72-2.4 oz. Individually Wrapped Sandwiches
Product Code #606

Nutrition Facts	
Serving Size 1 sandwich (68g)	
Amount Per Serving	
Calories 290	Calories from Fat 140
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 28g	9%
Dietary Fiber 4g	16%
Sugars 11g	
Protein 9g	
Calcium 8%	• Iron 15%
Not a significant source of vitamin A and vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

C.N. EQUIVALENTS – 1 MEAT, 1 BREAD

INGREDIENTS: BREAD: Whole Grain Wheat Flour, Water, White Bleached Flour, Sugar, Wheat Gluten, Resistant Corn Starch, Soybean Oil, Salt, Yeast, Monoglycerides, Sodium Stearoyl Lactylate, Sweet Dairy Whey, Calcium Propionate (A Preservative), Butter Flavor, Malted Barley Malt, Citric Acid, Calcium Sulfate Vitamin D2 (Ergocalciferol), Enrichment [Wheat Flour, Reduced Iron, Thiamine Hydrochloride (Vitamin B1), Riboflavin (Vitamin B2), Niacin (Vitamin B3), Folic Acid], Ascorbic Acid, Azodicarbonamide, Calcium Peroxide. **JELLY:** Grape Juice, Granulated Sugar, Fruit Pectin, Citric Acid, Sodium Benzoate And Sorbic Acid (Used As Preservatives). **SOYBUTTER:** Soybutter (Toasted Soy, Soy Oil, Granulated Cane Sugar, Monoglyceride (From Vegetable Oil), Sea Salt).

Albie's Soybutter & Jelly Sandwich is made with at least 51% whole grain wheat flour.

CONTAINS: WHEAT, MILK AND SOY PRODUCTS.



Regan Quaal, President

7/31/2014