

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / EDAMAME, FROZEN: 10071179003236 Simplot Simple Goodness™ Whole Edamame, 6/2.5 LB. To be packed to U.S. Grade A Standard.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
4.64 oz. (whole edamame)	½ cup cooked, drained, shelled vegetable	8.62	51.72

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Soy, fresh (Edamame) Whole In Shell	Beans & Peas (Legumes)	4.64	x	6.90 / 16	2.00
Each 4.64 ounce serving of the product above contains 1/2 cup Beans & Peas (Legumes) vegetable or 2 oz Meat Alternate.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																								
Soybeans.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>4.64 oz. (132g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>150</td> </tr> <tr> <td></td> <td>% Daily Value*</td> </tr> <tr> <td>Total Fat 6g</td> <td>8%</td> </tr> <tr> <td> Saturated Fat 1g</td> <td>5%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 10mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 10g</td> <td>4%</td> </tr> <tr> <td> Dietary Fiber 6g</td> <td>21%</td> </tr> <tr> <td> Total Sugars 3g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 15g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 79mg</td> <td>6%</td> </tr> <tr> <td>Iron 2.8mg</td> <td>15%</td> </tr> <tr> <td>Potassium 634mg</td> <td>15%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	4.64 oz. (132g)	Amount per serving		Calories	150		% Daily Value*	Total Fat 6g	8%	Saturated Fat 1g	5%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 10mg	0%	Total Carbohydrate 10g	4%	Dietary Fiber 6g	21%	Total Sugars 3g		Includes 0g Added Sugars	0%	Protein 15g		Vitamin D 0mcg	0%	Calcium 79mg	6%	Iron 2.8mg	15%	Potassium 634mg	15%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																								
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of China																																								

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 6 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add ¼ cup of water and cover. Cook on HIGH for 20 minutes, stirring halfway through cook time.
To Serve Cold	For food safety and quality, prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	16.25 LB	Case Cube (ft.³)*	0.57	Pallet TI / HI*	11 / 7
Outer Case Dimensions (L x W x H)*	14.62" x 11" x 6.11"		Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist