

**PNW Veg Co. LLC dba Norpac**

**4755 Brooklake Rd  
Salem OR 97305  
971-915-8884**

**Product Name:** Corn on the Cob

**Product Code:** 108422

**Serving Size:** 1/2 C

**Date:** 6/24/2022

**Vegetables**

| Description of Creditable Ingredients per FBG  | Vegetable Subgroup | Ounce per Raw Portion of Creditable Ingredient (A) | FBG Yield (B) | Purchase Unit (C) | Creditable Amount (A x B / C) |
|--|--------------------|--|---------------|-------------------|-------------------------------|
| <b>Corn, frozen,</b> <i>Corn on the cob, 5-1/4-inch ear (medium), medium cooked ear (about 1/2 cup cooked vegetable)</i> | Starchy Vegetables | 4.00 oz  | 2.44          | 16.00 oz          | <b>0.6100</b> <i>1/4 cups</i> |
| <b>Total Cups Starchy Vegetables:</b>  | <b>0.1525 cups</b> |  |               |                   |                               |

**Meal Pattern Contribution Statement**

I certify that the above information is true and correct and that a **1/2 C** ounce serving of the above product (ready for serving) provides **1/8** cup(s) of Starchy vegetables when prepared according to directions.

*Deborah A Fritts*

Signature

*Added Value and R&D Manager*

Title

**Deborah Fritts**

Printed Name

**971-915-8884**

Phone Number