



Sunchips® Harvest Cheddar Multigrain Snacks – 1.5 oz. (42.5 g)

Now Whole Grain Rich

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	210
Calories from Fat	80
	%Daily Value*
Total Fat 9g	14%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 5g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 27g	9%
Dietary Fiber 4g	14%
Sugars 3g	
Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made From Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

CONTAINS WHEAT AND MILK INGREDIENTS.

Case UPC	000-28400-44427-9
Bag UPC	0-28400-07326-4
Case Pack	64/1.5 oz.
Kosher Status	Not Kosher
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Bronze, Silver & Gold Awards)	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Meets USDA Whole Grain Rich Definition	Yes
Grain – oz. eq. (16 g. serving)	2 oz. eq.
Weight of Grain	32.9
Document Updated	5/13

I verify the above information is accurate as of May 13, 2013

Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science



SUNCHIPS® French Onion Flavored Multigrain Snacks



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Product Nutrition

Nutrition Facts	
Serving Size	1 package (1 oz.)
Servings Per Container	1
Amount Per Serving	
Calories	140
Calories from Fat	60
% Daily Value*	
Total Fat	6g 10%
Saturated Fat	1g 4%
Trans Fat	0g
Polyunsaturated Fat	1g
Monounsaturated Fat	3.5g
Cholesterol	0mg 0%
Sodium	160mg 7%
Total Carbohydrate	18g 6%
Dietary Fiber	2g 10%
Sugars	2g
Protein	2g
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%
Vitamin E	6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat	9 Carbohydrate 4 Protein 4

Ingredients

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Onion Powder, Maltodextrin (Made from Corn and Potato), Whey Protein Concentrate, Brown Sugar, Spices (Including Parsley and Paprika), Sour Cream (Cream, Skim Milk, Cultures), Natural Flavors, Butter (Cream and Annatto), Skim Milk, Gum Acacia, Mozzarella Cheese (Milk, Cheese Cultures, Salt, Enzymes), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Green Onion Powder.

CONTAINS WHEAT AND MILK INGREDIENTS.

Additional Product Credentials

Case UPC	000-28400-11153-9
Bag UPC	0-28400-00885-3
Case Pack	104/1 oz. bags
Kosher Status	No
USDA Competitive Food Compliant	No
Grain oz. eq.	1.25 oz. eq.
Weight of Grain	21.9g
Document Updated	September 2014

All products are accurately labeled with the most current information, however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.

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SunChips® Garden Salsa Multigrain Snacks – 1.5 oz. (42.5 g)

<h3>Nutrition Facts</h3>	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	210
Calories from Fat	80
%Daily Value*	
Total Fat 9g	14%
Saturated Fat 1g	6%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 5g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 27g	9%
Dietary Fiber 4g	15%
Sugars 4g	
Protein 4g	
Vitamin A	4%
Vitamin C	0%
Calcium	2%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Tomato Powder, Salt, Natural Flavors, Maltodextrin (Made From Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Buttermilk, Onion Powder, Whey, Yeast Extract, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Corn Oil, Spices (Including Jalapeno Pepper), Citric Acid, Paprika Extracts, and Lactic Acid.

CONTAINS WHEAT AND MILK INGREDIENTS.

Case UPC	000-28400-44428-6
Bag UPC	0-28400- 04802-6
Case Pack	64/1.5 oz. bags
Kosher Status	Not Kosher
USDA Competitive Food Compliant	No
Grain Equivalent	2 oz. eq.
Weight of Grain	32.9
Document Updated	11/14



Sunchips® Multigrain Snacks Original – 1.5 oz. (42.5 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	210
Calories from Fat	90
%Daily Value*	
Total Fat 10g	15%
Saturated Fat 1g	6%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 5g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Total Carbohydrate 28g	9%
Dietary Fiber 4g	15%
Sugars 3g	
Protein 3g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Salt, Natural Flavor, and Maltodextrin (Made From Corn).

CONTAINS A WHEAT INGREDIENT.

Case UPC	000-28400-44425-5
Bag UPC	0-28400-07325-7
Case Pack	64/1.5 oz. bags
Kosher Status	Yes- Triangle K
USDA Competitive Food Compliant	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Grain Equivalents	2 oz. eq.
Weight of Grain	35 g
Document Updated	8/14

I verify the above information is accurate as of 8/6/14.

Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science

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Plano, TX 75024

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.