

FINISHED GOODS SPECIFICATION SHEET

Document: QA - 21.	Item Number: 07110
Program: 21.0 Specification Program	
Location: Corporate	
Effective Date: 7/24/2013	Supersedes Date: 1/23/2013
Controlled Copy	
Page: 1 of 4	

Item Name: HARVEST BRAN MUFFINS
Finished Food: HARVEST BRAN MUFFINS **Market:** USA
Brand/Customer: OTIS SPUNKMEYER **Sub Brand:** OTIS SPUNKMEYER



Dough Piece Weight		Final Baked Weight	
N/A		2.25 OZ (64 grams)	
Item Dimensions			
	Minimum	Target	Maximum
Length (")	N/A	N/A	N/A
Width (")	N/A	N/A	N/A
Height (")	N/A	N/A	N/A
Circum. (")	N/A	N/A	N/A

ITEM DESCRIPTION

ITEM PACKAGING

No. of Pieces / Case or Tray:	24 / 96	No. of Trays / Case:	4
Cases per Pallet:	42	Case Gross Wt. (lbs):	15
Rows per Pallet (Hi):	6	Case Gross Wt. (kgs):	6.80
Cases per Row (Ti):	7	Case Net Wt. (lbs):	13.5
Case Dimensions:	18.375 X 12.625 X 11.5	Case Net Wt. (kgs):	6.12
Case Cube (Cu. Ft.):	1.544	No. of Bags / Case:	N/A
Shipper UCC Code:	10091752071100	Retail Packaging UPC:	91752071103
Manufacturing Location (GLN):	1101, 1104, 1105	Packaging Format:	Bulk

STORAGE & HANDLING

Total Shelf Life from Production:	183 Frozen	Distributed:	Frozen
Best Before Date Format:		Recommended Storage Conditions:	Frozen
Shelf Life After Baking (if Applicable):		Max. Distribution Temperature:	
Shelf Life After Defrosting (if Applicable):		Min. Distribution Temperature:	

Certified Kosher
U D

Certified Halal
No

Certified Organic
No



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Baked per serving:

24 Count

Nutrition Facts	
Serving Size 1 Muffin (64g)	
Servings Per Container 24	
Amount Per Serving	
Calories 220	Calories from Fat 80
Calories from Saturated Fat 15	
% Daily Value*	
Total Fat 9g	15%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 5g	
Cholesterol 35mg	11%
Sodium 210mg	9%
Total Carbohydrate 32g	11%
Dietary Fiber 2g	8%
Sugars 17g	
Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	15%
Iron	8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	Less than 300g 375g
Dietary Fiber	25g 30g

96 Count Case

Nutrition Facts	
Serving Size 1 Muffin (64g)	
Servings Per Container 96	
Amount Per Serving	
Calories 220	Calories from Fat 80
Calories from Saturated Fat 15	
% Daily Value*	
Total Fat 9g	15%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 5g	
Cholesterol 35mg	11%
Sodium 210mg	9%
Total Carbohydrate 32g	11%
Dietary Fiber 2g	8%
Sugars 17g	
Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	15%
Iron	8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	Less than 300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, EGGS, WATER, RAISINS, OAT BRAN, APPLES, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SOY FLOUR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE), WHEY (MILK), PROPYLENE GLYCOL MONOSTEARATE, MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, SALT, POTASSIUM SORBATE (PRESERVATIVE), CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVOR, CINNAMON, XANTHAN GUM, CALCIUM SULFATE, NONFAT MILK, ENZYMES.
CONTAINS: WHEAT, EGGS, SOY, MILK

CLAIMS:

1. Not more than 10% of total calories from saturated fat. 9g fat and 35mg cholesterol per muffin. Not low in saturated fat. Nutrition Facts panel must accompany this statement.
2. 0g Trans Fat per muffin. Nutrition Facts panel must accompany this statement. Not low in total fat. Please see Nutrition Facts for fat content.
3. No more than 30% added sugar by weight. Nutrition Facts panel must accompany this statement.

OTHER:

1. 0.75 Creditable Grain Ounce Equivalents
2. 13.13 grams enriched flour per 64 gram muffin

Prepared By:

Tracy Ramirez



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NUTRITION VALUES (BAKED / UNROUNDED PER 100G)

Nutrients	Per 100g	Nutrients	Per 100g	Nutrients	Per 100g
Basic Components					
Gram Weight (g)	100.00	Vitamin A - RE (RE)	0.08	Chromium (mcg)	0.41
Calories (kcal)	339.53	Vitamin A - RAE (RAE)	0.03	Copper (mg)	0.05
Calories from Fat (kcal)	132.03	Carotenoid RE (RE)	0.06	Fluoride (mg)	0.01
Calories from SatFat (kcal)	24.19	Retinol RE (RE)	0	Iodine (mcg)	0.99
Protein (g)	5.99	Beta-Carotene (mcg)	0	Iron (mg)	2.15
Carbohydrates (g)	49.89	Vitamin B1 (mg)	0.23	Magnesium (mg)	19.58
Dietary Fiber (g)	2.99	Vitamin B2 (mg)	0.18	Manganese (mg)	0.38
Soluble Fiber (g)	0.33	Vitamin B3 (mg)	1.35	Molybdenum (mcg)	2.36
Total Sugars (g)	26.43	Vitamin B3 - Niacin Equiv (mg)	0.48	Phosphorus (mg)	378.78
Monosaccharides (g)	0	Vitamin B6 (mg)	0.05	Potassium (mg)	276.43
Disaccharides (g)	0	Vitamin B12 (mcg)	0.13	Selenium (mcg)	2.47
Other Carbs (g)	3.36	Biotin (mcg)	2.58	Sodium (mg)	330.66
Fat (g)	14.89	Vitamin C (mg)	0.33	Zinc (mg)	0.40
Saturated Fat (g)	2.70	Vitamin D - IU (IU)	0	Poly Fats	
Mono Fat (g)	7.88	Vitamin D - mcg (mcg)	0	Omega 3 Fatty Acid (g)	0.01
Poly Fat (g)	3.38	Vitamin E - Alpha-Toco (mg)	0.06	Omega 6 Fatty Acid (g)	0.13
Trans Fatty Acid (g)	0.19	Folate (mcg)	37.21	Other Nutrients	
Cholesterol (mg)	53.26	Folate, DFE (mcg)	6.54	Alcohol (g)	0
Water (g)	27.28	Vitamin K (mcg)	0.50	Caffeine (mg)	0
Vitamins		Pantothenic Acid (mg)	0.29	Choline (mg)	2.57
Vitamin A - IU (IU)	0	Minerals			
		Calcium (mg)	247.55		

GMO STATUS: BASED ON THE INFORMATION PROVIDED TO US BY OUR VENDORS, WE CANNOT GUARANTEE THAT THIS ITEM IS GENETICALLY MODIFIED ORGANISM (GMO) FREE.

MSDS: ALL ITEMS MANUFACTURED BY ARYZTA, LLC CONTAIN INGREDIENTS WHICH ARE ON THE GRAS (GENERALLY RECOGNIZED AS SAFE) LIST. THESE FOOD ITEMS DO NOT REQUIRE A MSDS (MATERIAL SAFETY DATA SHEET) AND ARE MADE IN COMPLIANCE WITH THE UNITED STATES OF AMERICA FEDERAL FOOD, DRUG AND COSMETIC ACT.

CERTIFICATE OF MANUFACTURE: ARYZTA, LLC CERTIFIES THAT ALL PRODUCTS ARE PREPARED, PROCESSED AND PACKAGED IN A FACILITY INSPECTED BY THE FOOD AND DRUG ADMINISTRATION AS WELL AS APPLICABLE STATE OR LOCAL HEALTH AGENCIES IN THE UNITED STATES OF AMERICA AND CANADA, USING ONLY INGREDIENTS AND PACKAGING THAT ARE APPROVED FOR FOOD USE.

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Page: 4 of 4

PREPARATION and / or BAKING INSTRUCTIONS

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