



FAMILY OF COMPANIES

Peterson Farms, Inc.

3104 W. Baseline Road • PO Box 115 • Shelby, MI 49455
Phone: 231-861-6333 • Fax: 231-861-0525

July 23, 2014

McKenna Kozeny
Nutrition Resource Center

RE: Product Formulation

Dear Ms. Kozeny:

Per your request the below nutritional information is for the following Gordon Food Service items:

GFS #15367

Apple Slcd Red Pld IQF 4-5# GFS
INGREDIENTS: Apple, Ascorbic Acid, Citric Acid, Salt.

GFS #15400

Blueberry IQF 4-5# GFS
INGREDIENTS: Blueberries.

GFS #15345

Apple Slcd MI 7+1 30# GFS
INGREDIENTS: Apples, Sugar, Ascorbic Acid, Salt, Citric Acid.

GFS #15445

Blueberry IQF 30# GFS
INGREDIENTS: Blueberries.

Nutrition Facts	
Serving Size: 1 cup (129g)	
Servings Per Container: about 18	
Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 65mg	3 %
Total Carbohydrate 19g	6 %
Dietary Fiber 2g	9 %
Sugars 16g	
Protein 0g	
Vitamin A 2%	• Vitamin C 200%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3/4 cup (128g)	
Servings Per Container: about 18	
Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 15mg	1 %
Total Carbohydrate 19g	6 %
Dietary Fiber 3g	12 %
Sugars 12g	
Protein <1g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3.5oz (100g)	
Servings Per Container: about 137	
Amount Per Serving	
Calories 110	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 15mg	1 %
Total Carbohydrate 26g	9 %
Dietary Fiber 1g	4 %
Sugars 24g	
Protein 1g	
Vitamin A 4%	• Vitamin C 4%
Calcium 0%	• Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts	
Serving Size: 3/4 cup (128g)	
Servings Per Container: about 106	
Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0 %
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 15mg	1 %
Total Carbohydrate 19g	6 %
Dietary Fiber 3g	12 %
Sugars 12g	
Protein <1g	
Vitamin A 0%	• Vitamin C 4%
Calcium 0%	• Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.



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Meal Pattern Requirement of the HHFK Act

Meal Pattern	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5 ^a	Grades 6-8 ^a	Grades 9-12 ^a	Grades K-5	Grades 6-8	Grades 9-12
	Amount of Food ^b Per Week (Minimum Per Day)					
Fruits (cups) ^{c,d}	5 (1) ^e	5 (1) ^e	5 (1) ^e	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) ^{c,d}	0	0	0	3¼ (¼)	3¼ (¼)	5 (1)
Dark green ^f	0	0	0	½	½	½
Red/Orange ^f	0	0	0	¼	¼	1¼
Beans/Peas (Legumes) ^f	0	0	0	½	½	½
Starchy ^f	0	0	0	½	½	½
Other ^{f,g}	0	0	0	½	½	¼
Additional Veg to Reach Total ^h	0	0	0	1	1	1½
Grains (oz eq) ⁱ	7-10 (1) ^j	8-10 (1) ^j	9-10 (1) ^j	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0 ^k	0 ^k	0 ^k	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) ^l	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)
Other Specifications: Daily Amount Based on the Average for a 5-Day Week						
Min-max calories (kcal) ^{m,n,o}	350-500	400-550	450-600	550-650	600-700	750-850
Saturated fat (% of total calories) ^{n,o}	< 10	< 10	< 10	< 10	< 10	< 10
Sodium (mg) ^{n,p}	< 430	< 470	< 500	< 640	< 710	< 740
Trans fat ^{n,o}	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.					

- First column required food components & dietary specifications
- Next three columns weekly SBP requirements based on age-grade
- Last three columns amounts required for Lunch based on age-grade

Sincerely,

Beth Hyde
 Peterson Farms, Inc.