**Serving Size:** 5.3 oz. **Date:** 4/2/2021

## **Meat Alternate**

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
<b>Yogurt, fresh</b> , Plain or Flavored, Sweetened or Unsweetened, Commercially-prepared, (Includes Greek yogurt), Includes USDA Foods, yogurt provides 1 oz meat alternate	5.30 oz	1.00	4.00 oz	<b>1.3250</b> oz
Total Meat Alternate Credita	1.3250 oz			

## **Meal Pattern Contribution Statement**

I certify that the above information is true and correct and that a **5.3 oz.** ounce serving of the above product (ready for serving) provides **1.25** ounces of equivalent meat/meat alternate when prepared according to directions.

Carly Drace	CBM K12		
Gignature	Title		
Carolyn Gooch	706-766-9054		
Printed Name	Phone Number		