

**Fernando's®****05103**

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**BEEF & BEAN GREEN CHILI BURRITO****Textured Vegetable Protein Product****CARAMEL COLOR ADDED**

**INGREDIENTS:** TORTILLA (BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL, SALT, QUAR QUM, BAKING POWDER (CORN STARCH, SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), L-CYSTEINE (DOUGH CONDITIONER)), WATER, BEEF, PINTO BEANS, WHEAT FLOUR, CONTAINS 2% OR LESS OF CHILI SAUCE (TOMATOES, CORN SYRUP, DISTILLED VINEGAR, SALT, SPICES, CITRIC ACID), GREEN CHILIES (GREEN ONIONS, CITRIC ACID), REHYDRATED GREEN BELL PEPPERS, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), TOMATO PASTE, SALT, DEHYDRATED ONION, BEEF TYPE FLAVOR [HYDROLYZED SOY PROTEIN, CARAMEL COLOR, FLAVORINGS (INCLUDING SPICE), AUTOLYZED YEAST, SALT], NATURAL FLAVOR, SPICE, SODIUM ALGINATE. CONTAINS WHEAT, SOY AND GLUTEN.

**Nutrition Facts**

Serving Size 1 Burrito (113 g)  
Servings Per Container 72

Amount Per Serving  
**Calories 300** Calories from Fat 120

% Daily Value\*

**Total Fat 13 g** 20 %

**Saturated Fat 6 g** 30 %

**Trans Fat 0 g**

**Cholesterol 15 mg** 6 %

**Sodium 830 mg** 26 %

**Total Carbohydrate 36 g** 12 %

**Dietary Fiber 2 g** 9 %

**Sugars 0 g**

**Protein 8 g**

**Vitamin A 2 %** - **Vitamin C 15 %**

**Calcium 4 %** - **Iron 15 %**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  
Calories: 2,000 2,500

|                    |                    |          |
|--------------------|--------------------|----------|
| Total Fat          | Less than 65 g     | 80 g     |
| Sat Fat            | Less than 20 g     | 25 g     |
| Cholesterol        | Less than 300 mg   | 300 mg   |
| Sodium             | Less than 2,400 mg | 2,400 mg |
| Total Carbohydrate | 300 g              | 375 g    |
| Dietary Fiber      | 25 g               | 30 g     |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Dist. by Fernando's Foods,  
Compton, CA 90221

**NET WT. 18.00 LBS. 72 CT/4.00 OZ.****HEATING INSTRUCTIONS**

|               | FRIED 360 F | MICRO    | OVEN 325 F | CONVEC. 300 F |
|---------------|-------------|----------|------------|---------------|
| <b>FROZEN</b> | *N/R MIN.   | 2-3 MIN. | 20-25 MIN. | 14-20 MIN.    |
| <b>THAWED</b> | 3-5 MIN.    | 1-2 MIN. | 14-20 MIN. | 12-18 MIN.    |

Internal Temperature of product should be 160 F. \*N/R - Not Recommended

**KEEP FROZEN**

129 - 2191 - 0003