



# Frudel(R) Strudel, 2.29 oz, Apple



Whole grain-rich frozen strudel with rich, natural apple flavor in individually wrapped, ovenable packages and 16 grams of whole grain per serving. Meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.

Product Last Saved Date:14 October 2018

## Nutrition Facts

72 Servings per container

**Serving Size 1 Frudel (65g)**

Amount Per Serving

**Calories 210**

% Daily Value\*

**Total Fat** 6 g **9%**

Saturated Fat 1 g **5%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 260 mg **11%**

**Total Carbohydrate** 36 g **12%**

Dietary Fiber 2 g **8%**

Total Sugars 11 g

Includes g Added Sugars %

**Protein** 5 g

Vitamin D mg %

Calcium 0 mg 0%

Iron 0 mg 6%

Potassium mg %

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
18000-27852	838340	10018000278524	72 X 2 ONZ	

Brand	Brand Owner	GPC Description
Pillsbury(R)	General Mills Inc.	Pies/Pastries - Sweet (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13 LBR	10.305 LBR	USA	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.81 INH	7.93 INH	8 INH	0.7273 FTQ	12x 9	248	-10 FAH / 0 FAH

### Ingredients :

Water, Whole Wheat Flour, Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Apple Strudel Filling (water, sugar, corn syrup, modified corn starch, apple pulp, malic acid, palm kernel oil, molasses, sodium citrate, salt, sodium benzoate [preservative], gellan gum, spice, xanthan gum, locust bean gum, carrageenan, natural flavor), Sugar, Soybean Oil. Contains 2% or less of: Yeast, Nonfat Milk, Salt. CONTAINS WHEAT AND MILK INGREDIENTS.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - C	Peanuts - NI
Soy - NI	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

### Handling Suggestions :

Keep Frozen. Each strudel is packaged in a ovenable pouch for heating.

### Benefits :

Versatile 2 oz equivalent grain option. Individual ovenable packaging allows for multiple prep options: heat and serve or thaw and serve. Easy to menu, easy to prep, and easy to serve. 16 grams of whole grain per serving.

### Serving Suggestions :

Individually wrapped - ideal for warm breakfast on the go.

### Prep & Cooking Suggestions :

Heat & Serve. Heat frozen Frudel in ovenable pouch by placing flat on baking sheets. Convection oven: Preheat to 350 degrees and heat pouches for 7-9 minutes. Conventional oven: Preheat oven to 350 degrees and heat pouches for 11-13 minutes

### More Information :



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Pillsbury® Frudel® Apple Code No.: 18000-27852

Manufacturer: General Mills, Inc. Serving Size 2.29 OZ (65g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes X No How many grams: <3.99g
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I.
Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Table with 4 columns: Description of Creditable Grain Ingredient\*, Grams of Creditable Grain Ingredient per Portion (A), Gram Standard of Creditable Grain per oz equivalent (16g or 28g) (B), and Creditable Amount (A ÷ B). Row 1: Whole Wheat Flour, Enriched Flour, 32g, 16g, 32g ÷ 16g = 2. Row 2: Total Creditable Amount, 2.00.

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.
1(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
2Standard grams of creditable grains from the corresponding Group in Exhibit A.
3Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 2.29 OZ (65g)
Total contribution of product (per portion) 2.00 oz equivalent

I certify that the above information is true and correct and that a 65g/2.29 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

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