



**Aunt Jemima
Original French Toast Sticks
19600 43585**

**Individual Piece Weight = 0.9oz.
Case: 2/5lbs, Net Weight: 10.0lbs.**

INGREDIENTS: BREAD (ENRICHED BLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, CALCIUM PROPIONATE [PRESERVATIVE], MONO-DIGLYCERIDES, ETHOXYLATED MONO-DIGLYCERIDES, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, TURMERIC [COLOR], AMMONIUM SULFATE, CALCIUM PEROXIDE, SOY LECITHIN), **BATTER MIX** (SUGAR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], NATURAL FLAVOR, MODIFIED CORN STARCH, SALT AND ARTIFICIAL FLAVOR), WATER, VEGETABLE OIL (COTTONSEED, AND/OR CANOLA, AND/OR SUNFLOWER, AND/OR SOYBEAN) WITH TBHQ AND CITRIC ACID AS PRESERVATIVES, PREDUST (WHEAT FLOUR [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, SOYBEAN OIL), BATTER (ENRICHED BLEACHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], DEXTROSE, GELATINIZED WHEAT STARCH, SALT, WHEY, SUGAR, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE], SOYBEAN OIL, ARTIFICIAL FLAVOR, OLEORESIN PAPRIKA).

CONTAINS: SOY, WHEAT, MILK

Per Piece Grain Credit using the 16g Ounce Equivalent Standard

Grams of Creditable Grains: **9.1g**

One French Toast Stick contains **9.1grams** of creditable grain.

16 grams grain/oz. eq. grains

One French Toast Stick = **0.5 oz. eq. grains**

Nutrition Facts

Serving Size 4 Sticks (96g)
Servings per Container 47

| Amount Per Serving | | % Daily Value | |
|--------------------|------------------|-------------------|-----|
| Calories | 310 | Calories from Fat | 110 |
| Total Fat | 12g | | 18% |
| Saturated Fat | 3g | | 15% |
| Trans Fat | 0g | | |
| Cholesterol | 0mg | | 0% |
| Sodium | 410mg | | 17% |
| Total Carbohydrate | 45g | | 15% |
| Dietary Fiber | less than 1 gram | | 0% |
| Sugars | 14g | | |
| Protein | 5g | | |
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 6% | Iron | 10% |
| Thiamin | 15% | Riboflavin | 6% |
| Niacin | 6% | Folate | 15% |

*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 * Carbohydrate 4 * Protein 4

Whole Grain Rich Qualification

Does this product qualify as Whole Grain Rich? **No**

I attest that the above information is true and correct in accordance with the National School Lunch and Breakfast Program Regulations (published 1/26/12), the Food Buying Guide for Child Nutrition Programs and USDA grains memo SP 30-2012 issued April 26, 2012.



Dana Hill, Director Regulatory Affairs,
Pinnacle Foods Group LLC

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