



**Product Name:** GFS Vegetarian Black Bean Soup

**Serving Size:** 8.39 oz

**Product Code:** 4662446  
(GFS #855782)

**Date:** 4/11/2023

## Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
<b>Beans, Black (Turtle beans), dry, canned, Whole, Includes USDA Foods, drained, unheated vegetable</b>	Beans and Peas (Legumes)	4.34 oz	10.14	16.00 oz	<b>2.7504 1/4 cups</b>
<b>Carrots, fresh, Without tops, raw, chopped vegetable</b>	Red/Orange Vegetables	0.08 oz	10.60	16.00 oz	<b>0.0530 1/4 cups</b>
<b>Celery, fresh, Trimmed, raw, diced vegetable</b>	Other Vegetables	0.45 oz	12.30	16.00 oz	<b>0.3459 1/4 cups</b>
<b>Onions, green, fresh, Whole, raw chopped or sliced vegetable without tops</b>	Other Vegetables	0.45 oz	6.70	16.00 oz	<b>0.1884 1/4 cups</b>
<b>Peppers, Bell, fresh, Green or Yellow, Medium or Large, Whole, chopped or diced raw vegetable</b>	Other Vegetables	0.08 oz	9.70	16.00 oz	<b>0.0485 1/4 cups</b>
<b>Tomato Products, Canned Tomato Paste, 24%-28% Natural Tomato Soluble Solids (NTSS), Includes USDA Foods, paste (1/4 cup vegetable)</b>	Red/Orange Vegetables	0.13 oz	27.60	16.00 oz	<b>0.2242 1/4 cups</b>
<b>Tomatoes, canned, Diced, Includes USDA Foods, heated vegetable and juice</b>	Red/Orange Vegetables	0.26 oz	7.71	16.00 oz	<b>0.1252 1/4 cups</b>
<b>Total Cups Beans and Peas (Legumes):</b>	<b>0.6876 cups</b>	<b>Total Cups Red/Orange Vegetables:</b>			<b>0.1006 cups</b>
<b>Total Cups Other Vegetables:</b>	<b>0.1457 cups</b>				

## Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **8.39 oz** ounce serving of the above product (ready for serving) provides  $\frac{5}{8}$  cup(s) of Beans/Peas (Legumes) vegetables,  $\frac{1}{8}$  cup(s) of Other vegetables when prepared according to directions.

**REVIEWED**

By Michelle Pesho at 3:20 pm, Apr 11, 2023

**Signature**

Michelle Pesho

**Printed Name**

Regulatory Compliance Specialist

**Title**

330.725.2348

**Phone Number**

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