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USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	**WHOLE GRAIN BLENDS: 10071179035046 Simplot Good Grains™ Ancient Grains & Kale Blend, 6/2.5 LB**. Made with ancient grains. Brown & red rice, kale, red quinoa, black barley, garlic & seasoning. Meets whole grain-rich criteria, contains no non-creditable grains.

SERVING INFORMATION

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
127 g (about 1 cup)	1.5 oz. equivalent Grains	8.92	53.57

PRODUCT FORMULATION CREDITS

Description of Creditable Grain Ingredient (dry weight)	Grams of Creditable Grain Ingredient per Serving (A)	Gram Standard of Creditable Grain per oz. equivalent (B)	Creditable Amount (A ÷ B)
Brown Rice	27.84	28	0.9942
Red Rice	8.57	28	0.3060
Red Quinoa	4.57	28	0.1632
Black Barley	3.17	28	0.1132
		TOTAL	**1.5766**

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Kale, frozen Chopped	Dark Green	0.67	x	12.10 / 16	0.50

Each 127 g serving of the product above contains 1.50 oz. equivalent Grains and 1/8 cup Dark Green Vegetable.

INGREDIENT STATEMENT

Cooked Brown Rice, Cooked Red Rice, Kale, Cooked Red Quinoa, Cooked Black Barley, Garlic, Canola Oil, Seasoning (Sea Salt, Black Pepper).

ALLERGENS PRESENT

☒ None ☐ Milk ☐ Egg ☐ Wheat ☐ Soy ☐ Peanuts ☐ Tree Nuts ☐ Fish ☐ Molluscan Shellfish

ADDITIONAL INFORMATION

☐ Gluten Free ☐ Lacto-Ovo Vegetarian ☒ Vegan ☐ Kosher ☒ Halal

NUTRITION INFORMATION

Nutrition Facts
Serving Size 4.48 oz (127g)

Amount Per Serving

Calories 160 Calories from Fat 35

	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 350mg	**15%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 4g	

Vitamin A 60% • Vitamin C 10%
Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

☐ **Smart Snacks Compliant**

COOKING INSTRUCTIONS

Stove Top	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 6 minutes, covered, stirring frequently.
Microwave (1100 watts)	Microwave half bag of frozen product, covered, on HIGH for 6 minutes. Stir halfway through cook time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)

**Information may vary slightly by production facility*

Gross Weight	17.00 LB	**Case Cube (ft.^{3})***	0.66	**Pallet TI / HI***	12 / 10
Outer Case Dimensions (L x W x H)*		13.375" x 12" x 7.125"		**Shelf-Life**	18 months

I certify that the information provided is true and correct.

Shawanda Brown

Shawanda Brown | Principal Scientist Regulatory Nutrition