This data is believed to be accurate and is offered in good faith for the benefit of our customer. Litehouse Inc. does not assume any liability in the use of this information as conditions of its use are beyond our control.

56447 LITE RANCH DRESSING

Created: 5/22/13
Supersedes: N/A
Weight: 31.6 g/serving

Nutrition Facts

Serving Size 2 Tbsp (30 mL)
Servings Per Container

Amount Per Serving

Calories 90	Calories from Fat 50
	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 5mg	**2%**
Sodium 130mg	**5%**
Total Carbohydrate 8g	**3%**
Dietary Fiber 0g	**0%**
Sugars 3g	
Protein 0g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

WATER, SOYBEAN OIL, CORN SYRUP, DISTILLED VINEGAR, MALTODEXTRIN, EGG YOLK, MODIFIED CORN STARCH, BUTTERMILK SOLIDS, CIDER VINEGAR, SALT, DRIED YEAST, DRIED GARLIC, SOUR CREAM POWDER [SOUR CREAM (CREAM, CULTURE, SODIUM CITRATE, MONO & DIGLYCERIDES, GUAR GUM, CARRAGEENAN GUM), NONFAT MILK SOLIDS], XANTHAN GUM, NATURAL FLAVOR, ACACIA GUM, SPICES, DRIED ONION, POTASSIUM SORBATE (PRESERVATIVE), CALCIUM DISODIUM EDTA (ADDED TO PROTECT QUALITY).

Allergens:

USA: Contains Egg, Milk.
Canada: Contains Egg, Milk.

Notes:

Omega 3 = 0.4 g (390 mg) /serving
Omega 6 = 3.0 g (2960 mg) /serving

5/22/2013 8:08:31AM

George Wallace
Technical Services