

Kellogg's® Pop-Tarts® Frosted Cherry toaster pastries

Enriched wheat flour toaster pastries with frosted top and real cherry filling.

Product Type

Grab 'N Go Pop-Tarts

Product Category

UPC Code

3800031832

Servings/Case

72 ct

Sizes

3.67 oz

Format

Single Serve

Gross Weight

19.13

Allergen Information

CONTAINS WHEAT AND SOY INGREDIENTS.

Dietary Exchange Per Serving

5 Carbohydrates, 2 Fat

Kosher Status

Not Certified

Grain Ounce Equivalents

0

Shelf Life

365 days (12 months)

Country of Origin

Distributed in USA



Date Printed: 03/20/2018

Kellogg's® Pop-Tarts® Frosted Cherry

Nutrition Facts	
Serving Size	1 Pouch (104g)
Amount Per Serving	
Calories 410	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 3g	15%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 76g	25%
Dietary Fiber 1g	5%
Sugars 33g	
Protein 4g	
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%	
Thiamin 20% • Riboflavin 10% • Niacin 10% • Folic Acid 15%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	30g 375g
Dietary Fiber	25g 30g
Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B ₁ [thiamin mononitrate], vitamin B ₂ [riboflavin], folic acid), corn syrup, high fructose corn syrup, dextrose, soybean and palm oil (with TBHQ for freshness), sugar, bleached wheat flour, contains two percent or less of wheat starch, salt, dried cherries, dried apples, citric acid, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), modified wheat starch, gelatin, caramel color, xanthan gum, soy lecithin, red 40, natural flavor, red 40 lake, yellow 6, carnauba wax, confectioner's glaze, blue 1.	
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