



18-Inch Honey Whole Wheat Cuban Bread

Manufacturer: More Bakery Inc., dba La Segunda Central Bakery
2512 N. 15th St. Ybor City, FL 33605

Nutrition Facts

Serving size 1 oz. (28g)
Servings per container 8

Amount Per Serving

Calories	65.5
Total Fat	1.7g
Saturated Fat	0.8g
Polyunsaturated Fat	0.2g
Monounsaturated Fat	0.6g
Cholesterol	0.0mg
Sodium	196.4mg
Potassium	0.5mg
Total Carbohydrates	10.9g
Dietary Fiber	0.5g
Sugars	0.5g
Protein	1.5g

*Vitamin B-6	0.4 %
Vitamin E	1.6 %
Calcium	0.5 %
Copper	1.4 %
Folate	5.1 %
Iron	3.5%
Magnesium	0.9%
Manganese	4.8%
Niacin	3.4%
Pantothenic Acid	0.4%
Phosphorus	0.1%
Riboflavin	3.0%
Selenium	2.7%
Thiamin	6.0%
Zinc	0.0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.