

# The Father's Table<sup>®</sup> Lil' Bites

50% of Profits to Charity

## Poppable Corn Masa Bites Students are Sure to LOVE!

- Whole Grain Rich Corn Masa Crust
- Good Source of Fiber
- 8 provide 2 M/MA & 2 Grains
- 72 servings per case.
- Packed 8/72 ct. bags. 576 count case.



Nacho Bites - 77044

## 3 Great Flavors

### Nacho - 77044

0.5 oz. Nacho Cheese & beans in a bite size portion. A blend of three cheeses and refried beans in an ovenable, crispy, Whole Grain rich Corn Masa crust.

2 M/MA & 2 Grain

Nutrition Facts	
Serving Size 8 pieces (113g)	
Servings Per Container About 9	
Amount Per Serving	
<b>Calories 270</b>	<b>Calories from Fat 90</b>
% Daily Value*	
<b>Total Fat 10g</b>	<b>15%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 440mg</b>	<b>18%</b>
<b>Total Carbohydrate 32g</b>	<b>11%</b>
Dietary Fiber 3g	12%
Sugars 1g	
<b>Protein 11g</b>	
Vitamin A 10%	Vitamin C 4%
Calcium 15%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ham & Cheese - 77045

0.5 oz. Ham and Cheese in a bite size portion. A blend of two cheeses and turkey ham in an ovenable, crispy, Whole Grain rich Corn Masa crust.

2 M/MA & 2 Grain

Nutrition Facts	
Serving Size 8 pieces (113g)	
Servings Per Container About 9	
Amount Per Serving	
<b>Calories 260</b>	<b>Calories from Fat 80</b>
% Daily Value*	
<b>Total Fat 9g</b>	<b>14%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
<b>Cholesterol 20mg</b>	<b>7%</b>
<b>Sodium 530mg</b>	<b>22%</b>
<b>Total Carbohydrate 30g</b>	<b>10%</b>
Dietary Fiber 3g	12%
Sugars 1g	
<b>Protein 12g</b>	
Vitamin A 8%	Vitamin C 2%
Calcium 20%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Cheese & Pepperoni - 77046

0.5 oz. Pepperoni & Cheese in a bite size portion. A blend of cheese, reduced fat pepperoni made with turkey and beef (No pork) with Italian style sauce in an ovenable, crispy, Whole Grain rich Corn Masa crust.

2 M/MA & 2 Grain

Nutrition Facts	
Serving Size 8 pieces (113g)	
Servings Per Container About 9	
Amount Per Serving	
<b>Calories 270</b>	<b>Calories from Fat 110</b>
% Daily Value*	
<b>Total Fat 12g</b>	<b>18%</b>
Saturated Fat 4.5g	23%
Trans Fat 0g	
<b>Cholesterol 20mg</b>	<b>7%</b>
<b>Sodium 570mg</b>	<b>24%</b>
<b>Total Carbohydrate 31g</b>	<b>10%</b>
Dietary Fiber 4g	16%
Sugars 2g	
<b>Protein 10g</b>	
Vitamin A 10%	Vitamin C 8%
Calcium 15%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

# The Father's Table® Lil' Bites

50% of Profits to Charity

The perfect pizza snack every student loves!

- Whole Grain Rich
- Lower Sodium! Less than 600mg per serving
- 4 grams of Fiber per serving
- 4 provide 2 MMA & 2 Grains
- 72 servings per case. Packed 8/36 ct. bags



Pepperoni Mega Bites  
TFT No. 77022

Cheese & Pepperoni Pizza bite size portion. Each portion weighs one oz. and contains part skim Mozzarella cheese, turkey/beef pepperoni (no pork). Ovenable, crispy, Whole Grain rich crust.

## It's All in the Marketing!

The first step to increasing your participation is getting the students in the cafeteria. That starts with your menu. Creative marketing can make or break a menu. Try some of these ideas for marketing any of our Lil' Bites.



No Meat This Time

- Lil Nachos
- Salsa
- Fresh Fruit
- Low Fat Milk

MARDI GRAS

Party Pepperoni Pizza Rolls

- Celebrate Corn
- Parade Pears
- Low Fat Milk



Finger Food Friday

- Pepperoni Lil Bites
- Carrots & Celery
- Grapes
- Low Fat Milk

Veteran's Day  
President's Day  
Election Day

All American Lunch

- Revolutionary Ham & Cheese Lil Bites
- Farm Fresh Green Beans
- All American Apple Slices
- Low Fat Milk

### Nutrition Facts

Serving Size 4 pieces (113g)			
Servings Per Container			
Amount Per Serving			
<b>Calories 270</b>	<b>Calories from Fat 90</b>		
% Daily Value*			
<b>Total Fat 10g</b>	<b>15%</b>		
Saturated Fat 2.5g	13%		
Trans Fat 0g			
<b>Cholesterol 15mg</b>	<b>5%</b>		
<b>Sodium 570mg</b>	<b>24%</b>		
<b>Total Carbohydrate 29g</b>	<b>10%</b>		
Dietary Fiber 4g	16%		
Sugars 3g			
<b>Protein 16g</b>			
Vitamin A 6%	Vitamin C 8%		
Calcium 8%	Iron 10%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4



**Sample Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products**

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: Ham & Cheese Lil Bites Code No.: 77045  
 Manufacturer: The Father's Table Case/Pack/Count/Portion/Size: 4oz. Serving 18 lb/72 Serving/Case

**I. Meat/Meat Alternate**

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Cheese	0.83	X	16/16	0.83
Turkey Ham + 20% H2O	0.58	X	8.88/16	0.32
		X		
<b>A. Total Creditable M/MA Amount<sup>1</sup></b>				1.15

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

**II. Alternate Protein Product (APP)**

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
Whey Protein Concentrate	0.205	X	75	÷ by 18	0.85
		X		÷ by 18	
		X		÷ by 18	
<b>B. Total Creditable APP Amount<sup>1</sup></b>					
<b>C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz)</b>					2.00

\*Percent of Protein As-Is is provided on the attached APP documentation.

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

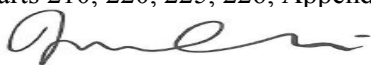
<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 4 oz.

Total creditable amount of product (per portion) 2 M/MA  
 (Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 4 ounce serving of the above product (ready for serving) contains 2 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

  
 Signature

Food Scientist  
 Title

Julie Choi  
 Printed Name

04/19/2016  
 Date

407-324-1200  
 Phone Number



**Formulation Statement for Documenting Grains in School Meals**  
**Required Beginning SY 2013-2014**  
*(Crediting Standards Based on Grams of Creditable Grains)*

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Ham & Cheese Lil Bites Code No.: 77045  
 Manufacturer: The Father's Table Serving Size 4 oz. (8 - 0.5 oz. Bites)  
 (raw dough weight may be used to calculate creditable grain amount)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes  No   
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non- creditable grains:** Yes  No  **How many grams:** \_\_\_\_\_  
 (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup>	Creditable Amount
	A	B	A ÷ B
Whole Grain Corn	32.8 g	16	2.05
<b>Total Creditable Amount<sup>3</sup></b>			<b>2.0</b>

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.  
<sup>1</sup>(Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.  
<sup>2</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.  
<sup>3</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 4 oz.  
 Total contribution of product (per portion) 2.0 oz equivalent

I certify that the above information is true and correct and that a 4 ounce portion of this product (ready for serving) provides 2.0oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

  
 Signature

Food Scientist  
 Title

Jullie Choi  
 Printed Name

04/07/2016 407-324-1200  
 Date Phone Number





**Formulation Statement for Documenting Grains in School Meals**  
**Required Beginning SY 2013-2014**  
*( Crediting Standards Based on Revised Exhibit A )*  
*weights per oz equivalent*

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Ham & Cheese Lil Bites Code No.: 77045

Manufacturer: The Father's Table Serving Size: 4 oz. (8 - 0.5 oz. Bites)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes  No   
*(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)*

**II. Does the product contain non-creditable grains:** Yes  No  **How many grams:**           
*(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)*

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** *(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

**Indicate which Exhibit A Group (A-I) the Product Belongs:**   B  

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
Tortilla	4.0 oz.	1.0	4.0 oz.
<b>Total Creditable Amount<sup>1</sup></b>			<b>4.0 oz.</b>

<sup>1</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased   4 oz.  

Total contribution of product (per portion)   2.0   oz equivalent

I further certify that the above information is true and correct and that a   4   ounce portion of this product (ready for serving) provides   2   oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

  
 \_\_\_\_\_  
 Signature

Food Scientist  
 \_\_\_\_\_  
 Title

Julie Choi  
 \_\_\_\_\_  
 Printed Name

04/07/2016    407-324-1200  
 \_\_\_\_\_        \_\_\_\_\_  
 Date                      Phone Number