

**Product Name:** Quaker® Instant Oatmeal Packet - Cinnamon & Spice

**Serving Size:** 1 packet (43 g; 1.51 oz)

**Date:** 01/01/2024

### Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	32.00 g	28.00 g	1.1428 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.00 oz eq.

### Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 packet (43 g; 1.51 oz)** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

**Product Name:** Quaker® Instant Oatmeal Packet - Apples & Cinnamon

**Serving Size:** 1 packet (43 g; 1.51 oz)

**Date:** 01/01/2024

### Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	29.00 g	28.00 g	1.0357 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.00 oz eq.

### Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 packet (43 g; 1.51 oz)** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

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**Product Name:** Quaker® Instant Oatmeal Packet - Original

**Serving Size:** 1 packet (28 g; 0.98 oz)

**Date:** 01/01/2024

### Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	27.00 g	28.00 g	0.9642 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				0.75 oz eq.

### Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 packet (28 g; 0.98 oz)** ounce serving of the above product (ready for serving) provides **0.75** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

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**Product Name:** Quaker® Instant Oatmeal Packet - Maple & Brown Sugar

**Serving Size:** 1 packet (43 g; 1.51 oz)

**Date:** 01/01/2024

### Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	29.00 g	28.00 g	1.0357 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.00 oz eq.

### Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 packet (43 g; 1.51 oz)** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Signature

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