



P.O. Box 11547, Carson, California 90749-1547

School Lunch Information Program

Product Description

Uncle Ben's® INFUSED RICE Mexican Flavor

Description	UPC Code	Plant Status
2 / 5 lb Unit(s) Per Case	0 54800 02573 2	In Production

INGREDIENT DECLARATION

INGREDIENTS: LONG GRAIN PARBOILED RICE; HYDROLYZED SOY/WHEAT PROTEIN; SALT; SUGAR; TOMATO POWDER; AUTOLYZED YEAST EXTRACT; SUNFLOWER OIL†; MALTODEXTRIN; SPICES; NATURAL FLAVOR; EXTRACTIVES OF PAPRIKA (COLOR); ACID (CITRIC, MALIC); GUM ARABIC; DEXTRIN; MODIFIED CORN STARCH; MALTODEXTRIN (WHEAT); CITRIC ACID; GARLIC POWDER; BUTTER+* (MILK); CORN SYRUP SOLIDS; VEGETABLES* (RED PEPPER, CORN); BEET JUICE (COLOR); GARLIC OIL; NATURAL AND ARTIFICIAL FLAVOR; NIACIN; IRON (FERRIC ORTHOPHOSPHATE); ARTIFICIAL FLAVOR; THIAMIN (THIAMINE MONONITRATE); FOLATE (FOLIC ACID). *DRIED.
 †ADDS A TRIVIAL AMOUNT OF SATURATED FAT.

School Lunch Program Serving Size: 1/2 Cup Cooked
 Creditable Grain/Bread Servings: 1
 Creditable Fruit/Veg Servings:
 Creditable Meat/Meat Alt Servings:

**Nutritional Information
As Packaged**

Nutrition Facts	
Serving Size 1/4 cup dry (45g) (About 1 cup cooked)	
Servings Per Container About 50	
Amount Per Serving	
Calories 160	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 680mg	28%
Potassium 95mg	3%
Total Carbohydrate 33g	11%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 10%
Thiamin 15%	Niacin 15%
Folate 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Product & Nutrient Content Claims
Based on FDA Guidelines/Rounding Rules**

	Good Source	Exclt Source
Fat Free	<input type="checkbox"/>	<input type="checkbox"/>
Low Fat	<input checked="" type="checkbox"/>	<input type="checkbox"/>
No Saturated Fat	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Low Saturated Fat	<input type="checkbox"/>	<input type="checkbox"/>
0g Trans Fat	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Cholesterol Free	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Low Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>
Sodium Free	<input type="checkbox"/>	<input type="checkbox"/>
Very Low Sodium	<input type="checkbox"/>	<input type="checkbox"/>
Low Sodium	<input type="checkbox"/>	<input type="checkbox"/>
Fiber	<input type="checkbox"/>	<input type="checkbox"/>
Vitamin A	<input type="checkbox"/>	<input type="checkbox"/>
Vitamin C	<input type="checkbox"/>	<input type="checkbox"/>
Thiamin	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Niacin	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Folate	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Iron	<input type="checkbox"/>	<input type="checkbox"/>

I certiv that the above information is true and correct.

Rachel Gil
Systems & Regulatory Affairs Scientist

Date Signed:

8/10/2011

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