

3.6 oz Gluten Free Potato Crunch AK Pollock

Fully prepared and ready to bake, the kids specialty line proves to be a continuous favorite. All options are great offered with your favorite dipping sauce or for fish tacos.

Nutrition Facts

46 Servings per container

Serving Size 1 Fillet

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 9 g 14%

Saturated Fat 2 g 10%

Trans Fat 0 g

Cholesterol 60 mg 20%

Sodium 270 mg 11%

Total Carbohydrate 5 g 2%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 14 g

Vitamin D 0 mg 0%

Calcium 0 mg 0%

Iron mg 2%

Potassium 0 mg 0%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Type Of Catch
06633	00074638066332	1 X 10.35	Wild

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.8 LBR	10.35 LBR	CAN	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
15.8 INH	7.8 INH	8.6 INH	0.6 FTQ	15x5	547 Days	-25 FAH / -25 FAH

Ingredients:

Alaska Pollock, Soybean and or canola oil, Butter, sugar, tomato powder, salt modified corn starch, spices
CONTAINS: FISH (POLLOCK), MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - N	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS: Cook from frozen state. Preheat oven. Separate and place portions in shallow baking pan. CONVENTIONAL OVEN: Bake at 425°F for 18-22 minutes. CONVECTION OVEN: Bake at 400°F for 15-17 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Serving Suggestions:

School food service programs, elderly feeding program

Species / Scientific Name:

Pollock

Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement : Yes

CN Statement : 1 X 3.6 OZ PORTION PROVIDES 2.25 OZ



CN Information :

CN Statement : 1 X 3.6 OZ PORTION PROVIDES 2.25 OZ EQ MEAT
 Suggested Bid :
 Meat/Meat Alternative : 1 x 3.6 OZ PORTION X 0.86 FISH FLESH X 0.78 = 2.4149 OZ
 WholeGrain Credit Calculation :

Label Copy

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN DO NOT REFREEZE



EST # 116



GLUTEN FREE - POTATO CRUNCH
RAW BREADED ALASKA POLLOCK PORTIONS
3.6 OZ "NORDICA FILLET STYLE"

CN 091286

ONE 3.6 OZ. RAW BREADED FISH PORTION WHEN COOKED PROVIDES 2.25 OZ. EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 09-2014).

DISCLAIMER: THIS PRODUCT CONTAINS GRAINS THAT ARE NOT CREDITABLE IN SCHOOL MEAL PROGRAMS. ADDITIONAL GRAINS MUST BE SERVED TO MEET MEAL PATTERN REQUIREMENTS.

COOKING INSTRUCTION: CONVECTION OVEN: PRE-HEAT OVEN TO 400F. SEPARATE AND PLACE FILLETS IN SHALLOW PAN. BAKE FOR 15-17 MINUTES.
 CONVENTIONAL OVEN: PRE-HEAT OVEN TO 425F. SEPARATE AND PLACE FILLETS IN SHALLOW PAN. BAKE FOR 18-22 MINUTES.
 NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165F MINIMUM.

06633

INGREDIENTS: 95.8% ALASKA POLLOCK, SODIUM TRIPHOSPHATE (TO RETAIN MOISTURE); 2.4% BATTER: SOYBEAN AND/OR CANOLA OIL, BUTTER (CREAM, SALT), SUGAR, POTATO POWDER, SALT, MODIFIED CORN STARCH, SPICES, MALTODEXTRIN, DEHYDRATED ONION, CORN STARCH, GRANULATED GARLIC, CITRIC ACID, BEET POWDER, PAPRIKA (COLOR), ARTIFICIAL FLAVOR, BETA-CAROTENE (COLOR); 1.8% BREADING: POTATOES, SALT, VEGETABLE OIL (CANOLA, COTTONSEED, AND/OR CORN OIL).
 CONTAINS: FISH (ALASKA POLLOCK).

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
 FOR INQUIRIES CALL: 1-888-868-3864
 WWW.HIGHLINERFOODS.COM

LOT NUMBER:



LOT 00342471 10

4247 08,30,40,0 WAH:mm

06633



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NET WT 10.35 Lb (4.70 kg)

High Liner Bid Desk Contact and Specification Verification



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INDIVIDUALLY
QUICK FROZEN

KEEP FROZEN
DO NOT
REFREEZE

**GLUTEN FREE - POTATO CRUNCH
RAW BREADED ALASKA POLLOCK PORTIONS**

3.6 OZ -"NORDICA FILLET STYLE"



EST # 116



CN

091286

ONE 3.60 OZ. RAW BREADED FISH PORTION WHEN COOKED
PROVIDES 2.25 OZ. EQUIVALENT MEAT FOR CHILD NUTRITION
MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND
STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION
SERVICE, USDA 09-2014).

CN

DISCLAIMER: THIS PRODUCT CONTAINS GRAINS THAT ARE NOT
CREDITABLE IN SCHOOL MEAL PROGRAMS. ADDITIONAL GRAINS
MUST BE SERVED TO MEET MEAL PATTERN REQUIREMENTS.

NET WT 10.35 Lb (4.70 kg)

COOKING INSTRUCTION: CONVECTION OVEN: PRE-HEAT OVEN TO
400F. SEPARATE AND PLACE FILLETS IN SHALLOW PAN. BAKE FOR
15-17 MINUTES.

CONVENTIONAL OVEN: PRE-HEAT OVEN TO 425F. SEPARATE AND
PLACE FILLETS IN SHALLOW PAN. BAKE FOR 18-22 MINUTES.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165F MINIMUM.

06633

INGREDIENTS: 86.00% ALASKA POLLOCK, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE); 3.40%
BATTER: SOYBEAN AND/OR CANOLA OIL, BUTTER (CREAM, SALT), SUGAR, TOMATO POWDER, SALT,
MODIFIED CORN STARCH, SPICES, MALTODEXTRIN, DEHYDRATED ONION, CORN STARCH, GRANULATED
GARLIC, CITRIC ACID, BEET POWDER, PAPRIKA (COLOR), ARTIFICIAL FLAVOR, BETA-CAROTENE (COLOR);
5.60% BREADING: POTATOES, SALT, VEGETABLE OIL (CANOLA, COTTONSEED, AND/OR CORN OIL).
CONTAINS: FISH (ALASKA POLLOCK), MILK

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801

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