



BeneFIT Bars Apple Cinnamon 2.5 oz

MANUFACTURER'S PRODUCT CODE: 40403

# Nutrition Facts

Serving Size  
Serving Per Container 1

Amount Per Serving  
Calories 290                      Calories from Fat 80

	% Daily Value*
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	<b>14%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>6%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrates</b> 48g	<b>16%</b>
Dietary Fiber 3g	<b>13%</b>
Sugars 22g	
<b>Protein</b> 5g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	10%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

## Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

## Preparation Instruction:

1. Thaw and serve. 2. Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit.

## Ingredients:

Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dried apples, oats, interesterified soybean oil, eggs, invert syrup, canola oil, molasses, baking powder (baking soda, sodium acid pyrophosphate, corn starch, monocalcium phosphate), whey, natural flavors, inulin, xanthan gum, cinnamon, salt, soy lecithin.

## Allergen Information:

Contains: Eggs, Milk, Soy Beans, Wheat

## Kosher Type:

OU - DAIRY

## Child Nutrition Statement:

The listed serving size contains 34.09g creditable grains of which 21.00g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404031	10073321404038	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct.

Kathleen Wong  
Research and Development Director

J&J Snack Foods Corp. 6000 Central Highway, Pennsauken, NJ 08109 • (800) 486-9533 x6140 • www.jjsnack.com

03/29/2018

Formulation Statement for Documenting Grains in School Meals  
 Required Beginning SY 2013-2014  
 (Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Apple Cinnamon BeneFIT Bars Code No.: 40403

Manufacturer: J&J Snack Foods Corp. Serving Size 1 bar – 71g (2.5oz)  
 (raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes  No   
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes  No  How many grams: 0.07g  
 (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)  
 Indicate to which Exhibit A Group (A-I) the Product Belongs: E

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup>	Creditable Amount
	A	B	A ÷ B
Whole Wheat Flour	14.226	16	0.8891
Enriched Wheat Flour	13.097	16	0.8185
Oats (Whole)	6.774	16	0.4233
			2.1309
<b>Total Creditable Amount<sup>3</sup></b>			<b>2</b>

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.  
<sup>1</sup> (Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.  
<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.  
<sup>3</sup> Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 71g (2.5 oz)  
 Total contribution of product (per portion) 2 oz equivalent

I certify that the above information is true and correct and that at 2.5 ounce portion of this product (ready for serving) provides 2 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

  
 \_\_\_\_\_  
 Signature

Kathleen Wong  
 \_\_\_\_\_  
 Printed Name

Research & Development Director  
 \_\_\_\_\_  
 Title

08-01-2017 323-476-3820  
 \_\_\_\_\_  
 Date Phone Number

Formulation Statement for Documenting Grains in School Meals  
 Required Beginning SY 2013-2014  
 [ Crediting Standards Based on Revised Exhibit A ]  
 weights per oz equivalent

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Apple Cinnamon BeneFIT Bars

Code No.: 40403

Manufacturer: J&J Snack Foods Corp

Serving Size: 1 bar – 71g (2.5 oz)

I. Does the product meet the Whole Grain-Rich Criteria: Yes  No   
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes  No  How many grams: 0.07g  
 (Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)  
 Indicate which Exhibit A Group (A-I) the Product Belongs: E

Description of Product per Food Buying Guide	Portion Size of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Creditable Amount A
	A	B	÷ B
Cereal /Breakfast Bars (w/fruit)	<b>71g</b>	<b>69g</b>	<b>1.028</b>
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup> Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 71g (2.5 oz)

Total contribution of product (per portion) 1 oz equivalent

I certify that the above information is true and correct and that at 2.5 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

  
 \_\_\_\_\_  
 Signature

Kathleen Wong  
 \_\_\_\_\_  
 Printed Name

Research & Development Director  
 \_\_\_\_\_  
 Title

08-01-2017      323-476-3820  
 \_\_\_\_\_      \_\_\_\_\_  
 Date      Phone Number