



Child Nutrition Meal Pattern Contribution
Del Real Foods Product Code 705
Bean and Cheese Pupusa, 5.50 oz

Product Formulation Sheet: Whole Grains

Description of Credible Grain Ingredient	Grams of Creditable Grain Ingredient per Portion	Gram Standard of Creditable Grain per oz equivalent (16g or 28g)	Creditable Amount
Whole Ground White Corn Masa Flour	33.39	16.0	2.08
Total Creditable Amount:			2.00

This product meets the Whole-Grain Rich Criteria and does not contain non-creditable grains.

Product Formulation Sheet: Meat/Meat Alternate

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount
Cheese American, Cheddar, Mozzarella, or Swiss Natural or Process	1.250	X	1.0000	1.25
Beans, Pinto, dry, Whole	0.572	X	1.3125	0.75
Total Creditable M/MA Amount:				2.00



Nutrition Facts

5 servings per container
Serving 1-Pupusa 5.5 oz (156g)
size

Amount per serving
Calories 290

	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 480mg	21%
Total Carbohydrate 35g	13%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 250mg	20%
Iron 1mg	6%
Potassium 330mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4



Ingredients:

Masa: Whole Cooked Corn, Canola oil, Cultured Dextrose, Salt, Trace of Lime.

Filling: Beans [Water, Pinto Beans, Jalapeno Pepper (Jalapeno Pepper, Water, Vinegar, Salt), Salt, Chile powder (Chili Pepper and Spices)], Mozzarella cheese (pasteurized part skim milk, cheese culture, salt, enzyme).

Packaging and Storage Information: 8/5CT Packages per Case; Keep Refrigerated Minimum 32F – Maximum 40F; 50 Days from Production refrigerated or 270 Days Frozen.

Allergen Statement: Contains Milk

I certify that the above information is true and correct and that each 5.50oz serving size provides 2 WG and 2 M/MA equivalents.

Signature

David Rodriguez
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