

# Sandwich Bagel Turkey & Chs MTG

NO IMAGE

<b>Servings:</b>	100.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-130
<b>School:</b>	Test Elementary School 2		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAGEL WHT WGRAIN 2Z	100 Each		230264
TURKEY PULLED WHT CKD 2-5 GCHC	12 1/2 Pound		211729
CHEESE AMER YEL 160CT SLCD	100 Slice		271411
LETTUCE LEAF GRN WASHED TRMD	1 Gallon 1 Quart (20 Cup)	1 leaf of lettuce (5 Heads of Lettuce)	702595
TOMATO RANDOM 2	20 Each	1 thin slice of tomato	508616

## Preparation Instructions

WASH HANDS.

,WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER.

,1. Slice turkey.

,2. Layer 2 ounces turkey breast, 1 slice cheese, lettuce leaf and a tomato slice on one half of bagel.

,3. Place other half of bagel over top.

,4. Serve.

,CCP: COLD FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MAXIMUM OF 40 DEGREES F.

,Tip: May toast bagel for added crunch or add lite mayonnaise or mustard for more flavor.

,Child Nutrition information: 1 sandwich provides= 2 oz eq grain, 2.5 oz meat/meat alternate, 1/4 c. additional vegetable

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.500
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.200
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	276.96
<b>Fat</b>	6.73g
<b>SaturatedFat</b>	2.52g
<b>Trans Fat</b>	0.06g
<b>Cholesterol</b>	61.17mg
<b>Sodium</b>	465.55mg
<b>Carbohydrates</b>	30.60g
<b>Fiber</b>	4.54g
<b>Sugar</b>	6.50g
<b>Protein</b>	25.39g
<b>Vitamin A</b> 833.04IU	<b>Vitamin C</b> 5.59mg
<b>Calcium</b> 109.70mg	<b>Iron</b> 2.66mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available