

Cavatini Cowboy MTG

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-98
School:	Test High School 2		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA PENNE PLUS 2-10 BARILLA	1 Ounce	BOIL Cooking Time: 10 Minutes // Pre-cooking time: 7 Minutes	551321
BEEF GRND 80/20	17 Pound	Final internal cooking temperature must reach a minimum of 155°F, held for a minimum of 15 seconds.	158704
SAUCE TOMATO	50 Gallon	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	306347
SEASONING ANCHO CHILI	1/4 Cup		748570
CHEESE MOZZ 2 SHRD FTNR	1 Quart 3/4 Cup (4 3/4 Cup)		421812

Preparation Instructions

Wash Hands.

- ,1. Brown beef and drain.
- ,CCP: Final internal cooking temperature must reach a minimum of 155°F, held for a minimum of 15 seconds.
- ,2. Add tomato sauce, water, and Mexican Seasoning Mix. Simmer for 15 minutes.
- ,3. Add cooked pasta to meat mixture. Mix well and divide into 2" steam pans.
- ,4. Sprinkle with mozzarella cheese.
- ,5. Bake at Convection oven: 325° F for 30-40 minutes or Conventional oven: 350° F for 40-45 minutes.
- ,6. Serve hot with 6z Spoodle
- ,
- ,CCP: Hot food held for later service must maintain a minimum internal temperature of 135° F.
- ,6z Spoodle provides: 2.25 oz M/MA, 1 oz. eq. of grain and 1/4 cup of red/orange vegetable

,Updated January 2016

Meal Components (SLE)

Amount Per Serving

Meat	2.250
Grain	0.010
Fruit	0.000
GreenVeg	0.000
RedVeg	16.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	853.35
Fat	16.11g
SaturatedFat	6.79g
Trans Fat	1.02g
Cholesterol	54.80mg
Sodium	9085.53mg
Carbohydrates	128.38g
Fiber	32.02g
Sugar	64.01g
Protein	47.47g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 38.67mg	Iron 14.03mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available