

Cavatini Cowboy MTG

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-98
School:	Test High School 2		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA PENNE PLUS 2-10 BARILLA	1 Ounce	BOIL Cooking Time: 10 Minutes // Pre-cooking time: 7 Minutes	551321
BEEF GRND 80/20	17 Pound	Final internal cooking temperature must reach a minimum of 155°F, held for a minimum of 15 seconds.	158704
SAUCE TOMATO	50 Gallon	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	306347
SEASONING ANCHO CHILI	1/4 Cup		748570
CHEESE MOZZ 2 SHRD FTMR	1 Quart 3/4 Cup (4 3/4 Cup)		421812

Preparation Instructions

Wash Hands.

- ,1. Brown beef and drain.
- ,CCP: Final internal cooking temperature must reach a minimum of 155°F, held for a minimum of 15 seconds.
- ,2. Add tomato sauce, water, and Mexican Seasoning Mix. Simmer for 15 minutes.
- ,3. Add cooked pasta to meat mixture. Mix well and divide into 2" steam pans.
- ,4. Sprinkle with mozzarella cheese.
- ,5. Bake at Convection oven: 325° F for 30-40 minutes or Conventional oven: 350° F for 40-45 minutes.
- ,6. Serve hot with 6z Spoodle
- ,
- ,CCP: Hot food held for later service must maintain a minimum internal temperature of 135° F.
- ,6z Spoodle provides: 2.25 oz M/MA, 1 oz. eq. of grain and 1/4 cup of red/orange vegetable

, Updated January 2016

Meal Components (SLE)

Amount Per Serving

Meat	2.250
Grain	0.010
Fruit	0.000
GreenVeg	0.000
RedVeg	16.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	853.35
Fat	16.11g
SaturatedFat	6.79g
Trans Fat	1.02g
Cholesterol	54.80mg
Sodium	9085.53mg
Carbohydrates	128.38g
Fiber	32.02g
Sugar	64.01g
Protein	47.47g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 38.67mg	Iron 14.03mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available