

# Grilled Chicken Sandwich

NO IMAGE

|                      |                            |                       |                  |
|----------------------|----------------------------|-----------------------|------------------|
| <b>Servings:</b>     | 100.00                     | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Each                  | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Lunch                      | <b>Recipe ID:</b>     | R-41738          |
| <b>School:</b>       | Tami Elementary School K-4 |                       |                  |

## Ingredients

| Description                    | Measurement                 | Prep Instructions  | DistPart # |
|--------------------------------|-----------------------------|--|------------|
| CHIX PTY GRLLD 2.5Z 6-5 GLDKST | 100 Each                    | BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 15-20 MINUTES; CONVECTION OVEN FOR 8-10 MINUTES AT 350F. | 786520     |
| 3.5 WG Hamburger Bun           | 100 Each                    |  | 3354       |
| TOMATO 5X6 XL                  | 100 Slice                   |  | 438197     |
| LETTUCE ICEBERG FS             | 6 Pound 4 Ounce (100 Ounce) |  | 307769     |

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 2.000 |
| <b>Grain</b>    | 1.500 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.125 |
| <b>OtherVeg</b> | 0.250 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

| Amount Per Serving        |                         |
|---------------------------|-------------------------|
| <b>Calories</b>           | 276.55                  |
| <b>Fat</b>                | 9.55g                   |
| <b>SaturatedFat</b>       | 2.01g                   |
| <b>Trans Fat</b>          | 0.00g                   |
| <b>Cholesterol</b>        | 65.00mg                 |
| <b>Sodium</b>             | 552.38mg                |
| <b>Carbohydrates</b>      | 23.38g                  |
| <b>Fiber</b>              | 2.53g                   |
| <b>Sugar</b>              | 3.88g                   |
| <b>Protein</b>            | 23.20g                  |
| <b>Vitamin A</b> 187.43IU | <b>Vitamin C</b> 3.08mg |
| <b>Calcium</b> 6.75mg     | <b>Iron</b> 8.78mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available