## Fajita Turkey Honey Lime MTG

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-99
School:	Test High School 2		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST OVN RST	18 3/4 Pound		848786
OIL SALAD VEG SOY CLR NT	1 Cup		292702
HONEY	1/2 Cup		225614
JUICE LIME FRSH 1-32FLZ NAT BRANDS	1/2 Cup		541711
SPICE CHILI POWDER MILD	1 1/3 Tablespoon		331473
SPICE GARLIC POWDER	1 1/3 Tablespoon		224839
ONION YELLOW COLOSS	1 Pound 4 Ounce (20 Ounce)		198706
PEPPERS GREEN LRG	1 Quart 1 Cup (5 Cup)		592315
TORTILLA FLOUR ULTRGR 6IN	200 Each		882690

# Preparation Instructions WASH HANDS.

,WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER. RINSE & DRAIN WELL.

- ,1. Cut turkey breast into fajita strips, 1/4" wide by 2-3" long.
- ,2. Place turkey strips into steam table pan.
- ,3. Add oil, honey, lime juice, chili powder, & garlic powder.
- ,4. Mix well to combine.
- ,5. Cover & marinate in the refrigerator for 2-3 hours.
- ,6. Place 25 servings in the baking pan (this smaller amount allows the meat to get toasted & glazed). Bake, uncovered, in 325°F convection oven for 25-30 minutes.
- ,CCP: HEAT TO 165°F OR HIGHER FOR AT LEAST 15 SECONDS.
- ,7. Toss sliced onions & peppers in a little vegetable oil to coat. Steam in a covered steamer until limp & soft.
- ,8. Warm tortillas in a warmer or steamer.
- ,9. To serve, put a #8 scoop of hot turkey mixture, a pinch of the steamed veggies, & 2 tortillas on a plate.
- ,CCP: HOLD FOR HOT SERVICE AT 135°F OR HIGHER.
- ,Child Nutrition: 2 Each provides= 1.5 oz meat and 2 oz eg grain
- ,Updated October 2013

# Meal Components (SLE) Amount Per Serving

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Meat	1.500			
Grain	2.000			
Fruit	0.000			
GreenVeg	0.000			
RedVeg	0.000			
OtherVeg	0.057			
Legumes	0.000			
Starch	0.000			

#### **Nutrition Facts**

Servings Per Recipe: 100.00 Serving Size: 1.00 Serving

Amount Per Serving					
Calo	ries	299.83			
Fat		9.01g			
SaturatedFat		4.33g			
Trans	s Fat	0.00g			
Cholesterol		45.00mg			
Sodium		740.23mg			
Carbohydrates		34.05g			
Fiber		4.23g			
Sugar		5.26g			
Protein		20.63g			
Vitamin A	27.68IU	Vitamin C	6.70mg		
Calcium	50.05mg	Iron	2.58mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Nutrition - Per 100g**

No 100g Conversion Available