Chicken Patty Sandwich

NO IMAGE

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-3936
School:	Tami Elementary School K-4		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB SLCD WHEAT WHL 4IN 10-12 GCHC	100 Each	THAW Simply thaw and serve. If desired, can be toasted, baked, and or microwaved.	517810
CHIX PTY BRD WGRAIN 3.26Z	100 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	558061
TOMATO 6X6 LRG	100 Slice	1 Slice of Tomato	199001
LETTUCE ICEBERG FS	200 Piece	2 Lettuce leaf's	307769

Preparation Instructions Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER. RINSE WELL. DRAIN.

- 1. Cook chicken patty as directed on package.
- 2. Layer patty, lettuce, and tomato on bottom of roll. Top with remaining half of roll.
- 3. Serve.
- 4. Allow student to select condiment of choice.

Child Nutrition: 1 Each provides= 2.5 oz eq grain, 2 oz meat, and 1/8 cup additional vegetable

Updated October 2013

Notes:

Meal Components (SLE) Amount Per Serving				
Meat	2.000			
Grain	3.000			
Fruit	0.000			
GreenVeg	0.000			
RedVeg	0.200			
OtherVeg	0.333			
Legumes	0.000			
Starch	0.000			

Nutrition Facts

Servings Per Recipe: 100.00 Serving Size: 1.00 Serving

Amount Per Serving				
Calories		389.81		
Fat		14.58g		
SaturatedFat		2.52g		
Trans Fat		0.00g		
Cholesterol		25.00mg		
Sodium		643.47mg		
Carbohydrates		42.07g		
Fiber		6.77g		
Sugar		6.33g		
Protein		20.32g		
Vitamin A	299.88IU	Vitamin C	4.93mg	
Calcium	71.93mg	Iron	3.10mg	

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available