

# Grilled Cheese Sandwich and Tomato soup

NO IMAGE

|                      |                            |                       |                  |
|----------------------|----------------------------|-----------------------|------------------|
| <b>Servings:</b>     | 100.00                     | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 .5 sandwich           | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Lunch                      | <b>Recipe ID:</b>     | R-41719          |
| <b>School:</b>       | Tami Elementary School K-4 |                       |                  |

## Ingredients

| Description                                   | Measurement                    | Prep Instructions  | DistPart # |
|---|--------------------------------|--|------------|
| 380 - Aunt Millie's WG Honey White Bread      | 200 Each                       |  | 380        |
| CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED | 6 Pound 4 Ounce (100 Ounce)    | READY_TO_EAT   | 100018     |
| SOUP TOMATO                                   | 4 Gallon 1 Pint 1 Cup (67 Cup) | UNPREPARED<br>Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally. | 101427     |
| PAN COAT SPRAY BUTTERY 6-14Z VEGLN            | 100 Gram                       |  | 827021     |

## Preparation Instructions

Assemble sandwich with 2 pieces of wheat bread and 1 slice of American cheese

Lightly Spray each piece of bread with buttery pan coat spray

Bake in oven (or cook on flat top) at 350 for approx. 10 minutes or until bread is toasted and cheese is melted.

Cut sandwich in half and Serve with tomato soup

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 1.000 |
| <b>Grain</b>    | 2.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.509 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 .5 sandwich

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 419.80                  |
| <b>Fat</b>              | 11.80g                  |
| <b>SaturatedFat</b>     | 5.00g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 25.00mg                 |
| <b>Sodium</b>           | 1237.20mg               |
| <b>Carbohydrates</b>    | 62.80g                  |
| <b>Fiber</b>            | 5.34g                   |
| <b>Sugar</b>            | 23.08g                  |
| <b>Protein</b>          | 13.68g                  |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 30.80mg  | <b>Iron</b> 12.80mg     |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available