# **Cookbook for Highland MS**

**Created by HPS Menu Planner** 

# **Table of Contents**

<b>Boneless Wings</b>
Beef Nachos
Refried Beans
Baby Carrots
Mac & Cheese
Roll w/margarine
Garden Salad
Dutch Waffle
Breakfast sausage link
Tangerine stir fry
Steamed Broccoli
Hamburger w/bun
Spiral French fries
Grape tomatoes

**Turkey Gravy** 

**Green Beans w/butter buds** 

**French Bread Pizza** 

**Baked Beans** 

Yogurt

**Bug Bites- Graham Crackers** 

**Emoji mashed potatoes** 

meatballs w/sauce

**Bosco Stick 6''** 

Lasagna Roll Ups

**Chicken Nuggets** 

Peas

**Grilled Cheese** 

Chili

Celery

chocolate cake

# pizza

Breakfast for Lunch w/egg omelet
Taco Stick
Chicken Alfredo
Breadstick
Corn Dogs
Strawberry Cup
Spaghetti
BBQ Rib Sandwich
Zee Zee Applesauce
Graham cracekrs
Philly Cheese Steak
Pretzel w/Cheese
Sidekick
pizza cruncher

#### corn

cookie			
fortune cookie			
ketchup			
<b>BBQ Sauce</b>			
Ranch			
Italian Dressing			
peanut butter			
<b>Red Peppers</b>			
Broccoli Florets			
Assorted Fresh Fre	uit		
Assorted Canned H	Fruit		
Assorted Fresh Fre	uit		
Smiths Milk- Choc	colate		
french toast			
Sausage link			

# Syrup

**Salisbury Steak** 

**Mashed Potatoes** 

Pork Rib Sandwich-Northwood High

**100% Fruit Juice** 

**Fried Rice** 

**Chicken Drumsticks** 

**Garden Salad** 

**French Dressing** 

**Italian Dressing** 

Broccoli w/cheese

Chicken patty on bun

**Sweet Potato Fries** 

Rotini

HASH BROWN

**Glazed Carrots** 

### **BEEF RAVIOLI**

**BEEF GRAVY** 

Pepperoni Pizza- Deep Dish Round

Pepperoni Pizza- rectangle

**Tomato Soup** 

Hot dog

Uncrustable

**Chicken Tenders** 

popcorn chicken

mustard

**Barbecue Sauce** 

Mayonaise

sour cream

**Black Beans** 

marinara sauce

## **Fish Shapes**

Cheeseburger w/bun

Meatball Sub w/ sauce and cheese

**Tater tots** 

fried rice

egg roll

generals tso

sweet and sour sauce

mashed potatoes- bag reduced sodium

**Bosco Stick** 

Spaghetti

Spaghetti -HS

cheeseburger w/bun

waffle fries

**Spiral French fries** 

#### **Beef Tacos**

**Breakfast Sandwich** 

ham and turkey croissant

**Spicy Chicken Patty** 

chicken teriyaki

**Taco salad** 

Seasoned black beans

Loaded Waffle fries-pork

Loaded Waffle fries-beef

Hawaian CHicken

chicken parmesan with pasta

chicken melt

Philly Steak & Cheese Sandwich

**CHICKEN TENDER WRAP** 

**BURRITO BOWL** 

MAC & cHEESE bOWL

### **COUNTRY FRIED STEAK SANDWICH**

hot dog

roasted cauliflower

parm broccoli

hot dog

bosco sticks for pizza station

mac & cheese- hs

**GRILLED CHICKEN SANDWICH** 

muffin

Breakfsat w/lunch french toast. sausage,

MAC & cHEESE bOWL

Honey sriracha Chicken bowl