

Breakfast Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49697
School:	Highland High School		

Ingredients

Description	Measurement	DistPart #
CROISSANT WGRAIN SLCD 2.2Z	1 Each	662882
EGG PTY RND 3.5IN	1 Each	741320
CHEESE AMER YEL 160CT SLCD	1 Slice	271411
SAUSAGE PTY CHIX CKD 1.5Z	1 Each	588510

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.500
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 sandwich

Amount Per Serving	
Calories	380.00
Fat	22.50g
SaturatedFat	8.50g
Trans Fat	0.00g
Cholesterol	152.50mg
Sodium	900.00mg
Carbohydrates	28.00g
Fiber	2.00g
Sugar	3.50g
Protein	16.50g
Vitamin A 300.00IU	Vitamin C 1.20mg
Calcium 143.00mg	Iron 1.85mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available