

ham and turkey croissant

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49698
School:	Highland High School		

Ingredients

Description	Measurement	DistPart #
CROISSANT WGRAIN SLCD 2.2Z	1 Each	662882
TURKEY HAM SLCD .51Z	2 Ounce	656891
TURKEY BRST SLCD OVN RSTD	2 Ounce	689541
CHEESE PROV NAT SLCD .75Z	1 Slice	726532

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	3.879
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	415.17
Fat	19.19g
SaturatedFat	8.84g
Trans Fat	0.00g
Cholesterol	107.59mg
Sodium	1290.34mg
Carbohydrates	27.00g
Fiber	2.00g
Sugar	3.00g
Protein	37.41g
Vitamin A 300.00IU	Vitamin C 0.00mg
Calcium 215.00mg	Iron 2.52mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available