

Loaded Waffle fries-beef

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49757
School:	Highland High School		

Ingredients

Description	Measurement	DistPart #
SAUCE CHS QUESO BLANCO FZ	2 Ounce	722110
FRIES WAFFLE SEAS	1 Cup	371160
TACO FILLING BEEF R/SOD	2 Ounce	175983

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.476
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	403.11
Fat	25.77g
SaturatedFat	10.59g
Trans Fat	0.01g
Cholesterol	65.16mg
Sodium	1008.31mg
Carbohydrates	22.48g
Fiber	2.84g
Sugar	0.00g
Protein	19.03g
Vitamin A 304.80IU	Vitamin C 0.00mg
Calcium 230.55mg	Iron 1.60mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available