chicken parmesan with pasta

Servings:	1.00	**Category:**	Entree
Serving Size:	1.00 Serving	**HACCP Process:**	Same Day Service
Meal Type:	Lunch	**Recipe ID:**	R-49762
School:	Highland High School		

Ingredients

Description	Measurement	DistPart #
Tyson Whole Grain Breaded Chicken Patty	**1**	**281622**
SAUCE SPAGHETTI	**1/2 Cup**	**744520**
CHEESE MOZZ SHRD	**1/2 Cup**	**645170**
PASTA SPAGHETTI CKD	**1 Cup**	**835910**

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	4.000
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	1.250
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00
Serving Size: 1.00 Serving

Amount Per Serving	
Calories	740.00
Fat	33.00g
SaturatedFat	10.50g
Trans Fat	0.00g
Cholesterol	55.00mg
Sodium	995.00mg
Carbohydrates	73.00g
Fiber	7.00g
Sugar	13.00g
Protein	38.00g

Vitamin A	0.00IU	**Vitamin C**	0.00mg
Calcium	448.00mg	**Iron**	3.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes
**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available