

Philly Steak & Cheese Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49764
School:	Highland High School		

Ingredients

Description	Measurement	DistPart #
SAUCE CHS QUESO BLANCO FZ	1/4 Cup	722110
Aunt Millie's Whole Grain Mini Sub Buns	1 Each	5157
MUSHROOM STEMS PCS	1/2 Cup	182530
ONION YELLOW JUMBO	1/2 Cup	109620
PEPPERS GREEN LRG	1/2 Cup	592315
Philly beef steaks	3 Ounce	501775

Preparation Instructions

Beef

1. Spray medium pan and place 1/2 pkg of beef steak (out of bag) in pan.
2. Steam with lid ajar approximately 15-20 minutes.
3. Stir and temp. Drain partially.

Cheese

1. Place bag of queso cheese in slotted pan. (Leave in bag.)
2. Steam appropriately 20 minutes. Temp. Cut open bag of cheese and add to beef steak. Stir well. Cover with lid. Place in heated pass thru.

Onions & Peppers (serve separately)

1. Paper & Spray cookie sheet.
2. Place one bag peppers and onions per pan. Spread out on cookie sheet.
3. Spray with butter spray. Bake at 325 degrees for 5 minutes or less. Want a quick roast. Need to watch while baking.
4. Then place in sprayed med pan with lid. Put in heated pass thru.

Meal Components (SLE)

Amount Per Serving

Meat	3.000
Grain	2.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	1.825
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	506.44
Fat	21.25g
SaturatedFat	9.65g
Trans Fat	0.01g
Cholesterol	69.00mg
Sodium	1721.66mg
Carbohydrates	46.45g
Fiber	8.67g
Sugar	9.65g
Protein	16.14g
Vitamin A 277.16IU	Vitamin C 65.46mg
Calcium 240.73mg	Iron 12.43mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available