

Breakfsat w/lunch french toast. sausage,

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49907
School:	Highland MS		

Ingredients

Description	Measurement	DistPart #
SAUSAGE PTY CHIX CKD 1.5Z	1 Each	588510
French Toast Sticks	3 Each	669431

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	290.00
Fat	15.00g
SaturatedFat	3.50g
Trans Fat	0.00g
Cholesterol	145.00mg
Sodium	550.00mg
Carbohydrates	26.00g
Fiber	3.00g
Sugar	11.00g
Protein	14.00g
Vitamin A 0.00IU	Vitamin C 1.20mg
Calcium 59.00mg	Iron 1.36mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available