

# meatballs w/sauce

|                      |                     |                       |                  |
|----------------------|---------------------|-----------------------|------------------|
| <b>Servings:</b>     | 380.00              | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Meatballs      | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Lunch               | <b>Recipe ID:</b>     | R-45983          |
| <b>School:</b>       | Highland Elementary |                       |                  |

## Ingredients

| Description                | Measurement                  | DistPart # |
|----------------------------|------------------------------|------------|
| MEATBALL CKD .65Z 6-5 COMM | 1520 Each                    | 785860     |
| SAUCE SPAGHETTI FCY        | 28 Pound 8 Ounce (456 Ounce) | 852759     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 2.000 |
| <b>Grain</b>    | 0.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.250 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

### Nutrition Facts

Servings Per Recipe: 380.00

Serving Size: 1.00 Meatballs

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 168.00                  |
| <b>Fat</b>              | 9.00g                   |
| <b>SaturatedFat</b>     | 3.50g                   |
| <b>Trans Fat</b>        | 0.60g                   |
| <b>Cholesterol</b>      | 36.00mg                 |
| <b>Sodium</b>           | 364.00mg                |
| <b>Carbohydrates</b>    | 9.00g                   |
| <b>Fiber</b>            | 2.00g                   |
| <b>Sugar</b>            | 4.00g                   |
| <b>Protein</b>          | 13.00g                  |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 66.00mg  | <b>Iron</b> 1.00mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available