

# Taco Stick

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	0.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-45995

## Ingredients

Description	Measurement	DistPart #
Beef Taco Stick, Whole Grain Flour Tortilla, Beef Taco Filling-wrapped, 2 oz. equivalent grains, 2 oz. M/MA	1 BURRITO	119660

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving	
<b>Calories</b>	345.01
<b>Fat</b>	12.82g
<b>SaturatedFat</b>	8.35g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	52.41mg
<b>Sodium</b>	630.69mg
<b>Carbohydrates</b>	31.87g
<b>Fiber</b>	3.85g
<b>Sugar</b>	0.00g**
<b>Protein</b>	20.07g
<b>Vitamin A</b> 251.90IU	<b>Vitamin C</b> 6.36mg
<b>Calcium</b> 328.78mg	<b>Iron</b> 2.76mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

### Nutrition - Per 100g

No 100g Conversion Available