

Chicken Alfredo

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-45996

Ingredients

Description	Measurement	DistPart #
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	2 3/10 Ounce	570533
SAUCE ALFREDO FZ	2 Ounce	155661
PASTA PENNE CKD	1 Cup	835900
Whole Grain Garlic Texas Toast	1 Each	197582
Cereal, Ready-to-eat; Kellogg's Corn Pops, Retail Pack, 17.2oz/12	1 0	119751

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	3.010
Grain	3.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	560.21
Fat	19.45g
SaturatedFat	6.15g
Trans Fat	0.03g
Cholesterol	61.84mg
Sodium	687.52mg
Carbohydrates	63.14g
Fiber	3.00g
Sugar	5.28g
Protein	31.03g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 227.65mg	Iron 3.66mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available
