

Mashed Potatoes

Servings:	85.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46565

Ingredients

Description	Measurement	DistPart #
POTATO PRLS GLDN X-RICH	1 Carton	559911
SALT IODIZED	1 Tablespoon	350732
Tap Water for Recipes	2 Gallon	000001WTR
MARGARINE SLD	1/4 Pound	733061
MIX GRAVY POULTRY LO SOD	1/4 Cup	552061

Preparation Instructions

Add salt to carton before mixing.

Place boiling water in steam pan or mixer.

Put 1/4 pound margarine and then slowly add carton of potatoes mix until smooth.

Put on serving line or in pass through.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 85.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	79.74		
Fat	1.07g		
SaturatedFat	0.42g		
Trans Fat	0.00g		
Cholesterol	0.18mg		
Sodium	434.84mg		
Carbohydrates	15.09g		
Fiber	0.79g		
Sugar	0.04g		
Protein	1.52g		
Vitamin A	70.59IU	Vitamin C	0.00mg
Calcium	8.02mg	Iron	0.23mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
