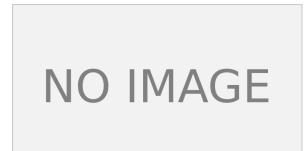
Philly Cheese Steak



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46024
School:	Highland High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL CKD	3 Ounce		710831
MUSHROOM STEMS PCS	1 0		319078
ONION SLCD 3/16IN	1 Ounce		591122
SAUCE CHS QUESO BLANCO FZ	1 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722110
BUN SUB SLCD WGRAIN 5IN	1 Each	READY_TO_EAT	276142

Preparation Instructions No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.500
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Sandwich

Amount Per Serving				
Calories	350.80			
Fat	14.80g			
SaturatedFat	6.30g			
Trans Fat	0.01g			
Cholesterol	44.50mg			
Sodium	1053.25mg			
Carbohydrates	34.00g			
Fiber	2.05g			
Sugar	6.50g			
Protein	18.85g			
Vitamin A 0.00IU	Vitamin C 0.00mg			
Calcium 198.00mg	Iron 3.08mg			

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available