

CHICKEN TENDER WRAP

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Wrap	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49765
School:	Highland High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR WGRAIN FC	4 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951
TORTILLA FLOUR ULTRGR 8 18-12CT	2 Each	PREPARED This is a refrigerated product that can be used directly from the bag	882700
CHEESE BLND CHED/MONTRY JK SHRD	1/2 Cup	READY_TO_EAT None	712131

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	4.667
Grain	4.333
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Wrap

Amount Per Serving	
Calories	786.67
Fat	44.00g
SaturatedFat	17.33g
Trans Fat	0.00g
Cholesterol	83.33mg
Sodium	1090.00mg
Carbohydrates	61.33g
Fiber	8.00g
Sugar	3.33g
Protein	40.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 512.00mg	Iron 4.67mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available