

# Pinto Beans with Salsa



<b>Servings:</b>	54.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-46038

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN PINTO	20 Pound 10 Ounce (330 Ounce)		261475
SALSA 103Z	3/5 #10 CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	452841
SAUCE WORCESTERSHIRE	1/7 Cup		109843
SPICE ONION GRANULATED	1/7 Cup		138300
SPICE GARLIC POWDER	2 2/5 Teaspoon		224839

Description	Measurement	Prep Instructions	DistPart #
SPICE CHILI POWDER MILD	1/7 Cup		331473
SALT SEA	2 2/5 Teaspoon		748590
SPICE PEPR BLK REST GRIND	2 2/5 Teaspoon		225061

## Preparation Instructions

Pre-heat oven to 350 degrees F.

Open all the cans of beans and drain them, reserving 3 cups of liquid from the beans.

Mix beans, reserved liquid, and seasonings together then add the prepared salsa.

Blend well and pour into 2 4" full size steam table pans.

Cover pans with foil.

Bake in the oven at 350 degrees F. for 1 hour, removing the foil during the last 20 minutes of cooking time to brown the beans a little.

Serve 3/4 cup for 1/2 cup equivalent of Vegetable, beans/legumes serving.

### Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.130
OtherVeg	0.000
Legumes	0.500
Starch	0.000

### Nutrition Facts

Servings Per Recipe: 54.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	182.58		
Fat	0.00g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	403.45mg		
Carbohydrates	32.77g		
Fiber	7.13g		
Sugar	2.19g		
Protein	9.98g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	59.90mg	Iron	3.62mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available