

Charcuterie Box

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-46696
School:	Walton-Verona High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PRETZEL HEARTZELS	1 Package	READY_TO_EAT Ready to Eat	893711
Flatbreads, Whole Grain, Frozen,	1 Each	THAW	959048
CHEESE STRING MOZZ	1 Each		579050
HUMMUS CLSC GRAB N GO	1 Each	READY_TO_EAT Keep refrigerated, Great with vegetables, pita chips, crackers or bread	139603
CARROT BABY WHL CLEANED	1/2 Cup		510637
PICKLE GHERKIN SWT	2 Each		485543

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.500
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	480.65
Fat	20.00g
SaturatedFat	5.00g
Trans Fat	0.00g
Cholesterol	15.00mg
Sodium	1110.77mg
Carbohydrates	60.99g
Fiber	9.56g
Sugar	19.67g
Protein	16.00g
Vitamin A 21400.00IU	Vitamin C 7.80mg
Calcium 298.45mg	Iron 2.84mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available