## **Crispy Chicken Ranch Salad**

| Servings:     | 1.00                           | Category:             | Entree           |
|---------------|--------------------------------|-----------------------|------------------|
| Serving Size: | 1.00 Serving                   | <b>HACCP Process:</b> | Same Day Service |
| Meal Type:    | Lunch                          | Recipe ID:            | R-49187          |
| School:       | Walton-Verona Middle<br>School |                       |                  |

### **Ingredients**

| Description                            | Measurement | Prep Instructions  | DistPart<br># |
|--|-------------|--|---------------|
| LETTUCE BLND<br>ICEBERG/ROMN           | 1 Pint      | Hold at 41F.   | 600504        |
| CHIX BRST TNDR BRD<br>WGRAIN 4.5Z 8-4# | 3 Piece     | Basic Preparation<br>Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min<br>at 350 degrees F   | 202490        |
| CHIP CORN                              | 1 Ounce     | READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Store remaining product in airtight container to keep fresh UNSPECIFIED | 210170        |
| DRESSING RNCH BTRMLK PKT               | 1 Each      |  | 266523        |
| GRAPE TOMATO 6-32Z<br>OUR FAMILY       | 4 Each      |  | 284077        |

## Preparation Instructions Assemble lettuce in clamshell # 771981.

Sprinkle lettuce with cheese.

Top with popcorn chicken.

\*You must use the cook chill method for the chicken. Cook chicken in the morning at 375 for 6-8 min. or until internal temperature reaches 165F. Cool down below 71F within 2 hours, cool to under 41F within another hour.

Hold for service at 41F.

# Meal Components (SLE) Amount Per Serving

| Amount of Serving |       |  |  |  |
|-------------------|-------|--|--|--|
| Meat              | 2.000 |  |  |  |
| Grain             | 2.250 |  |  |  |
| Fruit             | 0.000 |  |  |  |
| GreenVeg          | 1.000 |  |  |  |
| RedVeg            | 0.000 |  |  |  |
| OtherVeg          | 0.000 |  |  |  |
| Legumes           | 0.000 |  |  |  |
| Starch            | 0.000 |  |  |  |

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

| Amount Per Serving |         |           |        |  |  |
|--------------------|---------|-----------|--------|--|--|
| Calories           |         | 610.00    |        |  |  |
| Fat                |         | 39.00g    |        |  |  |
| SaturatedFat       |         | 6.50g     |        |  |  |
| Trans Fat          |         | 0.00g     |        |  |  |
| Cholesterol        |         | 75.00mg   |        |  |  |
| Sodium             |         | 960.00mg  |        |  |  |
| Carbohydrates      |         | 38.00g    |        |  |  |
| Fiber              |         | 5.00g     |        |  |  |
| Sugar              |         | 3.00g     |        |  |  |
| Protein            |         | 26.00g    |        |  |  |
| Vitamin A          | 0.00IU  | Vitamin C | 0.00mg |  |  |
| Calcium            | 85.00mg | Iron      | 4.00mg |  |  |

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

#### **Nutrition - Per 100g**

No 100g Conversion Available