

# Churro with Cinnamon Sugar

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-49967

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT CHURRO W/CINN SGR	1 Each		473523

## Preparation Instructions

Thaw at room temperature for 30 minutes. Commercial convection oven: 350 degrees F for 3-5 minutes. Rack Oven: 350 degrees F for 8-11 minutes. Conventional Oven" 350 degrees F for 5-8 minutes. Bake time dependent on desired level of crispness finish. Cool slightly for 5 minutes. While still warm, toss in cinnamon sugar to fully coat.

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	0.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	275.70
<b>Fat</b>	15.90g
<b>SaturatedFat</b>	7.40g
<b>Trans Fat</b>	0.16g
<b>Cholesterol</b>	5.00mg
<b>Sodium</b>	375.20mg
<b>Carbohydrates</b>	31.00g
<b>Fiber</b>	0.50g
<b>Sugar</b>	13.00g
<b>Protein</b>	1.90g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 43.20mg	<b>Iron</b> 0.50mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available