

Pretzel With Cheese Sauce

| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-50007 |
| School: | Walton-Verona High School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------|-------------------|-------------------|------------|
| SAUCE CHS CHED | 3 3/4 Fluid Ounce | | 271081 |
| PRETZEL SFT PREBKD WHLWHE | 1 Each | | 142411 |

Preparation Instructions

LAY FROZEN PRODUCT FLAT ON TRAY OVEN: 2-3 MINUTES* AT 350 DEGREES

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 356.00 |
| Fat | 16.50g |
| SaturatedFat | 9.20g |
| Trans Fat | 0.00g |
| Cholesterol | 56.00mg |
| Sodium | 974.00mg |
| Carbohydrates | 34.00g |
| Fiber | 3.00g |
| Sugar | 3.00g |
| Protein | 19.00g |
| Vitamin A 776.00IU | Vitamin C 0.00mg |
| Calcium 424.00mg | Iron 1.80mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available