

# Loaded Baked Potato Bar

<b>Servings:</b>	100.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-44325

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI BEEF W/BEAN 6-5 COMM	3 Quart 1/2 Cup (12 1/2 Cup)	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012
BACON CRUMBLES CKD 12-1 GCHC	6 Pound 4 Ounce (100 Ounce)	THAW THAW IN REFRIGERATOR OVERNIGHT. FULLY COOKED, JUST HEAT AND SERVE	357220
POTATO BAKER IDAHO 6Z 2	100 Each		328731
BROCCOLI FLORETS	1 Gallon 2 Quart 1 Cup (25 Cup)	Place frozen broccoli in 6" steam table pan and place in steamer for 10-15 minutes or until internal temperature reaches 135 degrees F for 15 seconds or longer.	610902
JTM Cheddar Cheese Sauce Boil in Bag	3 Quart 1/2 Cup (12 1/2 Cup)		15013
SOUR CREAM PKT	100 Each		745903

## Preparation Instructions

1 potato

2oz cheese sauce

1oz green onions

2oz bacon bits

2oz broccoli

1 Sour Cream packet

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.250
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.500

## Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	203.97
<b>Fat</b>	7.15g
<b>SaturatedFat</b>	4.35g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	27.58mg
<b>Sodium</b>	183.07mg
<b>Carbohydrates</b>	27.12g
<b>Fiber</b>	6.09g
<b>Sugar</b>	3.51g
<b>Protein</b>	8.76g
<b>Vitamin A</b> 53.35IU	<b>Vitamin C</b> 0.41mg
<b>Calcium</b> 70.56mg	<b>Iron</b> 1.40mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available