Pasta Salad Entree

Servings:	34.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-44449

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA ROTINI RAINBOW TRI- COLOR	4 Pound 4 Ounce (68 Ounce)		413340
CHERRY TOMATOES	1 Quart 1 Cup (5 Cup)		16P46
Cucumber	1 Quart 1 Cup (5 Cup)	BAKE	16P98
Pepper Red	1 Quart 1 Cup (5 Cup)	Rinse pepper. Cut in half and remove seeds. Cut into strips.	2176
ONION RED 25#	1 Pint		788882
Cheese, Cheddar Reduced fat, Shredded	2 Pound 2 Ounce (34 Ounce)		100012
CHICKEN, DICED, COOKED, FROZEN	2 Pound 2 Ounce (34 Ounce)	BAKE	
DRESSING ITAL GLDN	1 Pint 1 Cup (3 Cup)	READY_TO_EAT This ready-to-use dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like red pepper flakes or garlic. Create new flavorful salads or a flavorful new marinade for your sirloin steak.	257885
DRESSING SALAD LT	1/2 Cup	READY_TO_EAT This ready-to-use lite dressing simplifies back-of-house prep, making it easy to customize with simple herbs and spices, like onion powder or chives or smoky Chipotle seasoning. Create new flavorful salads or a custom base to your own signature sauce.	429422

Preparation Instructions 1. Wash all produce

- 2. Prep items according to recipe.
- 3. Toss all ingredients except dressing in a large bowl making sure to mix well.
- 4. Add dressing, and mix again.
- 5. Allow to sit at least 2-3 hours to soak up dressing. This is a great item to make the day before!

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.250
OtherVeg	0.250
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 34.00 Serving Size: 8.00 Ounce

-				
Amount Per Serving				
Calories		810.37		
Fat		19.75g		
SaturatedFat		5.41g		
Trans Fat		0.00g		
Cholesterol		43.35mg		
Sodium		520.50mg		
Carbohydrates		129.52g		
Fiber		6.26g		
Sugar		8.59g		
Protein		34.19g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	63.32mg	Iron	5.75mg	

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

	_	
Calories	357.31	
Fat	8.71g	
SaturatedFat	2.39g	
Trans Fat	0.00g	
Cholesterol	19.12mg	
Sodium	229.50mg	
Carbohydrates	57.11g	
Fiber	2.76g	
Sugar	3.79g	
Protein	15.08g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 27.92mg	Iron	2.54mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes