

Grilled Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49488

Ingredients

Description	Measurement	Prep Instructions	DistPart #
School White Wheat Sandwich Bread	2 Slice		12385
BUTTER PRINT SLTD GRD AA	1 Tablespoon		191205
CHEESE AMER 160CT SLCD	2 Slice		350207

Preparation Instructions

Spread butter on one side of bread, put cheese between 2 pieces of bread with butter on outside and bake until cheese is melted and bread is toasted.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	318.76
Fat	18.98g
SaturatedFat	10.84g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	677.30mg
Carbohydrates	27.40g
Fiber	2.36g
Sugar	4.00g
Protein	11.78g
Vitamin A 0.02IU	Vitamin C 0.00mg
Calcium 249.18mg	Iron 1.34mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available